



**COUNTY OF SAN LUIS OBISPO
BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health		(2) MEETING DATE 1/23/2018		(3) CONTACT/PHONE Amy Olson, ASO II, 781-4729	
(4) SUBJECT Request to approve a new contract for the period of February 1, 2017 through September 30, 2018, with the option to renew for two additional years (through September 30, 2020), with Community Health Centers of the Central Coast (CHC) in the amount not to exceed \$142,000 to provide services related to integrating physical and behavioral health care for adult County Behavioral Health clients who have serious mental illness. All Districts.					
(5) RECOMMENDED ACTION It is recommended that the Board sign a new contract for the period of February 1, 2017 through September 30, 2018, with the option to renew for two additional years (through September 30, 2020), with CHC in the amount not to exceed \$142,000 to provide services related to integrating physical and behavioral health care for adult County Behavioral Health clients who have serious mental illness.					
(6) FUNDING SOURCE(S) Federal Substance Abuse and Mental Health Services Administration (SAMHSA) grant		(7) CURRENT YEAR FINANCIAL IMPACT \$142,000		(8) ANNUAL FINANCIAL IMPACT \$72,000	
(9) BUDGETED? Yes					
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. _____) <input type="checkbox"/> Board Business (Time Est. _____)					
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A					
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) 19001836				(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A <input type="checkbox"/> 4/5th's Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP N/A		(15) BUSINESS IMPACT STATEMENT? No		(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A Date <u>12-5-17</u>	
(17) ADMINISTRATIVE OFFICE REVIEW Morgan Torell					
(18) SUPERVISOR DISTRICT(S) All Districts					



COUNTY OF SAN LUIS OBISPO

TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director
Anne Robin, L.M.F.T., Behavioral Health Administrator

DATE: 1/23/2018

SUBJECT: Request to approve a new contract for the period of February 1, 2017 through September 30, 2018, with the option to renew for two additional years (through September 30, 2020), with Community Health Centers of the Central Coast (CHC) in the amount not to exceed \$142,000 to provide services related to integrating physical and behavioral health care for adult County Behavioral Health clients who have serious mental illness. All Districts.

RECOMMENDATION

It is recommended that the Board sign a new contract for the period of February 1, 2017 through September 30, 2018, with the option to renew for two additional years (through September 30, 2020), with CHC in the amount not to exceed \$142,000 to provide services related to integrating physical and behavioral health care for adult County Behavioral Health clients who have serious mental illness.

DISCUSSION

Behavioral Health was awarded a grant for Primary and Behavioral Health Care Integration (PBHCI) in September 2016 by the Federal Substance Abuse and Mental Health Services Administration (SAMHSA), subsequently developed as the San Luis Obispo Health Integration Project (SLO-HIP). The length of the grant project period is for four years, September 30, 2016 through September 30, 2020. Behavioral Health was awarded the maximum award amount of \$400,000 per year for the duration of the grant. The purpose of this project is to establish the provision of coordinated and integrated services through the co-location of primary and specialty care medical services in community-based behavioral health settings. The goal of the project is to improve the physical health status of adults with serious mental illnesses (SMI) and those with co-occurring substance use disorders who have or are at risk for co-morbid primary care conditions and chronic diseases. SLO-HIP will focus on improving the health of individuals with SMI; enhancing the consumer experience of care (including quality, access, and reliability); and reducing/controlling the per capita cost of care.

The project goals will be accomplished with the collaboration and integration of services provided by Behavioral Health, Public Health, an outside evaluator, and two community based organizations (CHC and Transitions Mental Health Association (TMHA)). The grant will fund, in addition to other expenses required for Behavioral Health to run the program, the contracts for CHC and TMHA, as well as the outside evaluator.

To date, the project has developed protocols for data collection, set logistics for on-site medical care, and assembled a referral system for ancillary services. Health related educational courses, such as nutrition, for SLO-HIP participants have been developed and implemented. As of October 31, 2017, 84 unique participants were referred to the project and received outreach services; of those 84 referred, 43 enrolled in the SLO-HIP project and began receiving services and education. As of October 31, 2017, 23 enrollees remain active in the project and receive services and education.

The contract with CHC will allow the organization to provide many services in support of the SLO-HIP project including the following:

- A Nurse Care Coordinator/Nurse Practitioner who will develop the integrated physical health treatment plans for participants, including those who exhibit chronic disease;
- A Medical Assistant and/or Clerical Support person who will be responsible for reception, appointment scheduling, taking vitals, and general assistance to the Nurse Care Coordinator;
- Facilitation and provision of the quarterly Coordination/Treatment Team Meetings;
- Complex Nutrition and Exercise Education for project participants including chronic disease management, pain management, and limited mobility education;
- Evaluation of cost benefit of integrated physical and behavioral health;
- Infrastructure of Health Information Exchange/Electronic Medical Records (EMR) integration between CHC and County;
- In kind support consisting of a part-time Physician Assistant/Nurse Practitioner, an additional part-time Medical Assistant and/or Clerical Support person, and mandatory travel to Washington DC to present results of the project to federal staff.

Although the grant funds were awarded in September 2016, the majority of the grant activities during the first year of this project involved the administration necessary to set up the infrastructure required to be able to provide services and education to the intended participants. CHC's involvement in the project began during February 2017. CHC assisted in growing and evolving the project to deliver services in line with the grant goals and consumer needs to continue to serve the clients most appropriately. Contract negotiations during this time were lengthy and involved CHC staff turnover, leading to the delay in bringing a contract to the Board for approval and signature.

As per contract Exhibit C.4., Option to Renew, this contract may be extended for two one-year periods upon Health Agency Director approval to exercise said option to renew for each one-year period. The Health Agency Director may also approve any changes pertaining to service(s), service level changes or rate changes as per contract Exhibit D.29, Delegation of Authority.

OTHER AGENCY INVOLVEMENT/IMPACT

County Counsel has reviewed the contract as to form and legal effect.

FINANCIAL CONSIDERATIONS

SAMHSA awarded a PBHCI grant to the County providing up to \$400,000 per year to Behavioral Health to be expended from Federal Fiscal Year (FFY) 2016-17 through FFY 2019-20 (September 30, 2016 through September 30, 2020). It is estimated that the CHC contract will utilize approximately 18% of the grant funds each year. The maximum cost of the contract with CHC is \$142,000, and includes \$70,000 in funds budgeted and carried over from FY 2016-17 and \$72,000 budgeted for FY 2017-18. FY 2018-19 and FY 2019-20 approved grant funds will be budgeted through future Option to Renew contract amendments, as provided for in this contract under Exhibit C.4.

Approval of this contract will have no impact on the budgeted level of General Fund Support for this fund center since the contract is grant funded.

FY 2016-17 CHC Contract Budget – Carried over to FY 2017-18	
Salaries & Benefits	\$25,000
Treatment Team Meeting	\$ 5,000
Preventative & Health Promotions	\$10,000
Infrastructure	\$30,000
FY 16-17 Total	\$70,000

FY 2017-18 CHC Contract Budget	
Salaries & Benefits	\$25,000
Treatment Team Meeting	\$ 5,000
Preventative & Health Promotions	\$10000
Infrastructure	\$30,000
Medical Supplies	\$ 2,000
FY 16-17 Total	\$72,000

RESULTS

Approval of this contract will allow the Health Agency to continue to provide appropriate services to County clients as defined in the current fiscal year budget and as per the goals of the PBHCI grant. Providing the most appropriate services to these clients increases their probability of positive medical and mental health outcomes. Furthermore, positive treatment outcomes contribute to the wider County vision of a healthy and safe community. As described in the Discussion section above, CHC’s services will provide integrated treatment plans, complex nutrition and exercise education, medical assistant support and/or clerical support, and other related services.

ATTACHMENTS

1. CHC Contract for SLO-HIP FY 2016-17 and FY 2017-18