



**COUNTY OF SAN LUIS OBISPO
BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health		(2) MEETING DATE 1/23/2018		(3) CONTACT/PHONE Amy Olson, ASO II, 781-4729	
(4) SUBJECT Request to approve calendar year 2018 renewal contracts with Rose Drago, M.D and Victor Perez Preciado, M.D. in the cumulative amount not to exceed \$75,461 to provide psychiatric services for County Mental Health patients. All Districts.					
(5) RECOMMENDED ACTION It is recommended that the Board approve the calendar year 2018 renewal contracts with Rose Drago and Victor Perez Preciado, M.D. in the cumulative amount not to exceed \$75,431 to provide psychiatric services for County Mental Health patients.					
(6) FUNDING SOURCE(S) Medi-Cal, Realignment		(7) CURRENT YEAR FINANCIAL IMPACT \$75,461		(8) ANNUAL FINANCIAL IMPACT \$75,461	
(9) BUDGETED? Yes					
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. _____) <input type="checkbox"/> Board Business (Time Est. _____)					
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A					
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) N/A				(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A <input type="checkbox"/> 4/5th's Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP N/A		(15) BUSINESS IMPACT STATEMENT? No		(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A Date <u>02-07-2017</u>	
(17) ADMINISTRATIVE OFFICE REVIEW Morgan Torell					
(18) SUPERVISOR DISTRICT(S) All Districts					



COUNTY OF SAN LUIS OBISPO

TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director
Anne Robin, L.M.F.T., Behavioral Health Administrator

DATE: 1/23/2018

SUBJECT: Request to approve calendar year 2018 renewal contracts with Rose Drago, M.D and Victor Perez Preciado, M.D. in the cumulative amount not to exceed \$75,461 to provide psychiatric services for County Mental Health patients. All Districts.

RECOMMENDATION

It is recommended that the Board approve the calendar year 2018 renewal contracts with Rose Drago and Victor Perez Preciado, M.D. in the cumulative amount not to exceed \$75,431 to provide psychiatric services for County Mental Health patients.

DISCUSSION

Behavioral Health Services has a need for psychiatrists on a part-time contract basis for psychiatric services at the Jail, San Luis Obispo Outpatient Clinic, and the Psychiatric Health Facility (PHF). Their services are necessary to ensure mandated coverage at these sites within the County. Coverage is only required on a part-time basis and at only these sites, which makes the use of contract psychiatrists the most effective method of providing these services. Psychiatrists diagnose client's mental condition, issue and renew prescriptions, monitor medication effectiveness, and evaluate client progress. Psychiatrists are the only staff authorized to perform these medication services.

Contract psychiatrists are utilized as long-term options to fill in for part-time assignments (on-call or weekend shifts) which are not covered by full time employees and cannot be covered by locum tenens. These psychiatrists commit to a year at a time to fill in for on-call and weekend shifts as needed, whereas locum tenens are short-term options to fill in for full-time (Monday through Friday, 8:00 a.m. to 5:00 p.m.) shifts for employees who may be on leave or cover gaps between hiring employees. Contract psychiatrists also specialize in specific facilities or disciplines such as jail psychiatrist or conservatorship hearings in which locum tenens psychiatrists do not participate.

The availability of a "pool" of contract psychiatrists for part-time assignments allows the flexibility needed to provide mandated services, but puts it under no obligation to utilize these services when there is otherwise sufficient staffing. Contract psychiatrists have proven to be an essential component in Behavioral Health's staffing plan for many years.

OTHER AGENCY INVOLVEMENT/IMPACT

County Counsel has reviewed and approved the contracts as to form and legal effect.

FINANCIAL CONSIDERATIONS

The rate of pay for the Psychiatrist contracts ranges from \$110 per hour to \$150 per hour for regular shift hours and call-back shift hours. These negotiated rates remain unchanged from calendar year 2017. The differential rate for on-call shifts is \$215.23 per shift and has been increased to be in line with the on call shift rate for staff psychiatrists. The psychiatrist who attends to clients at the Jail is scheduled as a long-term option to fill in for a part-time assignment and is paid a rate of \$150 per hour due to the more regular and dangerous nature of the assignment. The other psychiatrist is scheduled to fill in only as needed when full time employees or locum tenens are unable to fill an assignment at the San Luis Obispo Clinic or PHF and is paid a rate of \$110 per hour.

The FY 2017-18 Adopted Budget for Behavioral Health includes a cumulative amount of \$75,461 in contract psychiatrist and physician services. The chart below shows the details of this budgeted amount for FY 2017-18 as well as actual costs from FY 2016-17:

Budgeted Contract Psychiatrist Costs FY 2017-18			
Location	2016-17 Actual Cost	2016-17 Annual Hours	2017-18 Annual Budgeted Cost
Jail Psychiatrist	\$ 102,761	784	\$ 43,015
SLO Clinic/PHF/Jail Psych and On-Call	\$ 42,636	372	\$ 32,446
Total	\$ 145,397		\$ 75,461*

* Additional locum tenen psychiatrists are providing services in FY 2017-18 compared to FY 2016-17.

Independent contracted Psychiatrists are scheduled to provide services at the above listed locations. On occasion, and if the psychiatrist's scheduled allows, contract psychiatrists may temporarily fill in for vacant positions when locum tenens psychiatrists are not available.

RESULTS

Psychiatric services are an integral part of Behavioral Health Services, and a critical component to the overall effort to provide quality client care. Psychiatrists are licensed and trained to prescribe the medications needed by mental health clients to help control mental health symptoms.

Jail - In FY 2017-18, Behavioral Health implemented 24/7 on call shifts with psychiatrists at the Jail. During FY 2016-17, a total of 852 (or approximately 66 per month) Jail clients were seen by a psychiatrist, which accounts for the majority of the 784 hours spent at the Jail by contract employee psychiatrists. Sixty-one incarcerated individuals experienced symptoms warranting PHF admission during 2017.

Clinic and PHF On-Call - Clients in the PHF are seen by a psychiatrist within 24 hours of admission. Outpatient client wait time to be assessed for psychiatric care is 8 days as of November 2017. Once the assessment is complete, the wait time for outpatient clients to see a psychiatrist thus far in FY 2017-18 is averaging 21.7 days for urgent need and 31.4 days for routine need. During FY 2016-17, the contract employee psychiatrists covering the Clinic and the

PHF on-call spent 372 hours of time providing services such as assessments and medication support to clients, with the majority of the services being related to medication support. These psychiatrists also specialize in conservatorship assessments and hearings. During the first quarter of FY 2017-18, psychiatrists are seeing approximately 71 clients per month, county wide.

Without these services, Behavioral Health could not meet State mandates for medication support services nor properly prescribe and monitor medications. Contracting with a pool of part-time psychiatrists contributes to the County meeting legal staffing requirements 100% of the time. Providing psychiatrist coverage throughout the County contributes to proper medication management and oversight of client treatment. Providing the most appropriate services to the clients increases the probability of positive treatment outcomes. Furthermore, positive treatment outcomes contribute to the wider County vision of a healthy and safe community.

ATTACHMENTS

1. Rose Drago, MD 2018 Contract
2. Victor Perez, MD 2018 Contract