



**COUNTY OF SAN LUIS OBISPO
BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health		(2) MEETING DATE 3/21/2017		(3) CONTACT/PHONE Frank Warren, Division Manager 788-2055 Raven Lopez, Accountant III 781-4783	
(4) SUBJECT Request to approve a new FY 2016-17 contract with the option to renew for two additional years with the Women's Shelter Program of San Luis Obispo County in an amount not to exceed \$125,295 to provide mental health services while testing a peer-based treatment model as described within the County's Mental Health Services Act (MHSA) Innovation component plan. All Districts.					
(5) RECOMMENDED ACTION It is recommended that the Board approve a new FY 2016-17 contract with the option to renew for two additional years with the Women's Shelter Program of San Luis Obispo County in an amount not to exceed \$125,295 to provide mental health services while testing a peer-based treatment model as described within the County's Mental Health Services Act (MHSA) Innovation component plan.					
(6) FUNDING SOURCE(S) Mental Health Services Act		(7) CURRENT YEAR FINANCIAL IMPACT \$125,295		(8) ANNUAL FINANCIAL IMPACT \$170,000 (Year 2) \$170,000 (Year 3)	
(9) BUDGETED? Yes					
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. _____) <input type="checkbox"/> Board Business (Time Est. _____)					
(11) EXECUTED DOCUMENTS <input checked="" type="checkbox"/> Resolutions <input type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A					
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) 19001742				(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A <input type="checkbox"/> 4/5th's Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP N/A		(15) BUSINESS IMPACT STATEMENT? No		(16) AGENDA ITEM HISTORY <input checked="" type="checkbox"/> N/A Date _____	
(17) ADMINISTRATIVE OFFICE REVIEW Morgan Torell					
(18) SUPERVISOR DISTRICT(S) All Districts					



COUNTY OF SAN LUIS OBISPO

TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director
Anne Robin, LMFT, Behavioral Health Administrator

DATE: 3/21/2017

SUBJECT: Request to approve a new FY 2016-17 contract with the option to renew for two additional years with the Women's Shelter Program of San Luis Obispo County in an amount not to exceed \$125,295 to provide mental health services while testing a peer-based treatment model as described within the County's Mental Health Services Act (MHSA) Innovation component plan. All Districts.

RECOMMENDATION

It is recommended that the Board approve a new FY 2016-17 contract with the option to renew for two additional years with the Women's Shelter Program of San Luis Obispo County in an amount not to exceed \$125,295 to provide mental health services while testing a peer-based treatment model as described within the County's Mental Health Services Act (MHSA) Innovation component plan.

DISCUSSION

This is a request to approve a contract with the Women's Shelter Program of San Luis Obispo County to conduct mental health services for Latino women to address trauma related to domestic violence. The project will utilize partnership of "peers" with lived experience and a clinical therapist. The project will help determine the level of lived experience most effective when providing peer-based services in a mental health setting.

The Mental Health Services Act (MHSA) was enacted into law on January 1, 2005, following the passage of Proposition 63 in November 2004 which added a 1% tax on adjusted annual income over \$1,000,000. The Act provides funding for counties to help people and families who have mental health needs. Funds were established within components which would address the continuum of care necessary to transform the public mental health system. MHSA funds are divided into five distinct components: Community Services and Supports (CSS), Prevention and Early Intervention (PEI), Innovation (INN), Workforce Education and Training (WET), and Capital Facilities and Technology Needs (CFTN).

The Innovation (INN) component of MHSA is the most unique. INN projects must be novel, new, and creative, and not duplicated in another community. The original eight INN programs (approved in 2011) have ended and an evaluation was published last year. After over a year of stakeholder engagement and planning, your Board

approved funding for four new projects in February 2016, which included the project “Colega” - Defining Peer Support: Effective Peer Mentorship for Latino Women. The Department solicited a request for proposal at the end of last fiscal year and awarded the project to the Women’s Shelter Program of San Luis Obispo (Women’s Shelter). The Women’s Shelter is specially trained and competent to provide these services. The Behavioral Health Department contracts with various agencies to provide mental health treatment and support services in addition to providing expanded services that reach underserved populations, as directed by the Mental Health Services Act (MHSA).

The contract before the Board has a term date of October 1, 2016 – June 30, 2017, with the option to renew for two additional years. The delay in seeking Board approval was due, in part, to administrative changes at the Women’s Shelter Program of San Luis Obispo County.

The request before the Board of Supervisors is to approve the contract with Women’s Shelter Program of San Luis Obispo County. Exhibit C. 4. allows for the option to renew this agreement for two successive one year terms. By approval of this contract, the Board is delegating authority to the Health Agency Director to determine whether to renew this contract without additional approval by your Board. Renewal of this agreement must be executed in writing, approved by County Counsel, and be consistent with the limits described in Section 30 of Exhibit D.

“Colega” - Defining Peer Support: Effective Peer Mentorship for Latino Women:

As required by the MHSA statutes, the local INN Community planning team is responsible for guiding the planning process, analyzing community input, and selecting projects in accordance with community priorities. The Women’s Shelter will conduct “Colega”, a community-selected innovative mental wellness program that includes the following staff:

- 1.00 FTE Peer Counselor with lived experience
- 0.50 FTE Licensed Bilingual Therapist
- 0.50 FTE Program Coordinator
- 0.45 FTE Childcare Service Provider
- 0.10 FTE Project Director

The Women’s Shelter shall provide treatment group sessions for Latino women who are, or have been, subject to domestic violence and have a need for mental health services. Groups shall be co-led by one of three (3) bilingual peer counselors with different levels of lived experience related to the target client population, as follows:

- Latino woman, or
- Latino woman with lived mental health experience, or
- Latino woman with history of domestic violence and lived mental health experience

The Women’s Shelter shall also adapt Latina-specific domestic violence prevention models which build an internal support group to continue past the duration of a prescribed-term group or curriculum. By offering these, the Women’s Shelter shall test whether clients can increase their long-term wellbeing by creating social support groups, comprised of project participants with peer support.

This project will help the County determine what level of lived experience is most effective when providing “peer services” to clients, as determined by the clients themselves.

OTHER AGENCY INVOLVEMENT/IMPACT

County Counsel has approved the contract as to form and legal effect. The MHSA stakeholder group approved the

program and costs associated with this contract in December, 2015. The Board of Supervisors approved the plan on February 2, 2016. The Mental Health Services Oversight and Accountability Commission provided final approval of the Innovation plan on February 25, 2016.

FINANCIAL CONSIDERATIONS

The FY 2016-17 Behavioral Health Adopted Budget includes \$125,295 in appropriation for the “Colega” Innovation project for nine months of operation (October 1, 2016 – June 30, 2017). The FY 2017-18 Budget will include the cost of a full year of services at \$170K. The contract is funded with MHA revenue. No General Fund revenue is required.

RESULTS

The project is assigned objectives, outcome goals, and key indicators in collaboration with the contractor, Behavioral Health staff and, often, stakeholder input. Measures are put in place according to target populations, chosen strategies, and resources necessary to collect and analyze the data. Behavioral Health operations and administrative staff often triangulate various data points to assess whether indicators are leading to the desired outcomes.

The Women’s Shelter will provide the County with quarterly data reports which give results of surveys, output counts, and anecdotal evidence and are measured against budgeted targets for each program. Data tools may include consumer self-reports, pre/post testing, and tools designed for specific engagements. Quarterly meetings with the contractor include review of data instruments and collection methods to ensure continual improvements in performance and quality. Program targets are set at a minimum acceptable level, as negotiated with the contractor, with the overall purpose of providing the best possible service to our clients. In all cases, the objective is to strive for outcomes which promote the County’s goal of a safe, healthy, and livable community.

“Colega” – The Colega Innovation project seeks to improve treatment participation and outcomes for Latino women by comparing client experiences, satisfaction, and health outcomes based on engagement with each peer modality and asks the following questions:

- 1) Is there a difference in client outcomes depending on the peer working with them?
- 2) Does a peer’s level of lived experience matter when providing a mental health support service?
- 3) Can overall usage of mental health services among Latinos increase by using peer services and support groups?
- 4) Will more clients enroll in services, and will they follow through on treatment?
- 5) Can the stigma of seeking help decrease among this population?
- 6) Can peers play a role in the reduction of stigma among Latinos?
- 7) Will support groups help keep the conversation around mental health going?
- 8) Will more Latinos see the value of seeking services, and be better informed about available resources?
- 9) Will there be significant differences between peer definitions among project clients, and the responses from other mental health system clients and peer organizations?

The following outputs are expected annually:

- 96 clients enrolled in group counseling sessions.
- Three (3) group counseling sessions each quarter, for a total of 12 group sessions per year
- A minimum of 50% of participants will enroll in subsequent Latina support groups lead by peer counselors within the agency

The following measurable outcomes will be tracked annually:

- Participants will demonstrate a 30% reduction in depression levels at the end of counseling compared to initial screening
- Participants will demonstrate a 40% increase in resiliency and their outlook on life at the end of counseling compared to initial screening

Additionally, the County and its assigned Evaluator will require additional measures and reports from the Women's Shelter Program to assess Innovation learning outcomes, including the following:

- 1) By the end of the project participants will be able to provide information regarding preferences for the desired level of lived experience qualifying peers working within the context of mental health supports.
 - i. Participants will define "peer" as it relates to them
 - ii. Participants will share their own criteria for defining or identifying a peer as it relates to their experience
- 2) By the end of the project participants will demonstrate a reduction in depression levels.
 - i. Indicators include the nine-indicator Patient Health Questionnaire PhQ9 screening results and self-reported feelings of resilience and wellbeing
- 3) By the end of the project participants will demonstrate an increase in resiliency and their outlook on life.
 - i. Indicators include pre/post surveys, peer mentor notes, and client-developed coping strategies
- 4) By the end of the Project participants will demonstrate recovery rates comparable to traditional clinical treatment settings.
 - i. Indicators include the comparison of treatment outcomes for program participants and non-participating clients
- 5) By the end of the project participants will demonstrate an increase in protective factors.
 - i. Indicators include clinical assessments and self-reported survey

ATTACHMENTS

1. Attachment 1 - FY 2016-17 Women's Shelter Contract