

**APPLICATION FOR REPRESENTATION ON THE  
MENTAL HEALTH BOARD OF SAN LUIS OBISPO COUNTY**

Date: 7/18/2016

Home Phone: [REDACTED]

Business Phone: [REDACTED]

Name: PARIC MARCELLA DALE  
Last First Middle

Address:  
[REDACTED]  
Code Number Street City Zip

Occupation: Currently Unemployed Supervisor/District #: \_\_\_\_\_

1 Do you or your spouse work for the California State Department of Mental Health, or for County Mental Health Services, or a Mental Health contract agency? (These categories are ineligible.)

Yes  No

2 State law requires that Mental Health Boards be made up in part of persons who have received mental health services. Have you or has any member of your family ever received mental health services:

Self  Family  Neither

3 Why do you want to participate as a Mental Health Board member?

SEE ATTACHED

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

SEE ATTACHED

4 Education, Knowledge, Experience: List school courses, volunteer activities, special skills, training, certificates, licenses, or work experience that you feel relate to your qualifications:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

SEE ATTACHED

5 Please describe your personal and/or professional experience with mentally ill persons:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

6 How much time will you be able to devote to Mental Health Board duties/activities?

2-3 hours/month

4-6 hours/month

7-10 hours or more/month

**SELF IDENTIFICATION:** We need to ask your age, racial or ethnic group, and sex to make sure Affirmative Action guidelines are considered. This information is voluntary and if you object to filling it out, YOU NEED NOT DO SO.

Age: 53

Sex: F

Check one: White  Black

Asian  Spanish/Hispanic

Filipino

Physical Handicap: \_\_\_\_\_

Other  Native American

RETURN THIS APPLICATION TO:

Mental Health Board  
Screening Committee  
2178 Johnson Avenue  
San Luis Obispo, CA 93408

Question #3) I come from a wide and multivariate background which has led me through the mental health system in a very unique way. I believe my personal experience with mental illness, coupled with the education I have would in itself give unusual insight into the Board's perspective. [REDACTED]

[REDACTED] After working at TMHA for one year as a Program Assistant with the mentally ill, the job term ended, yet whetted my appetite for more of a role in the mental health care community.

I have approached my illness and each new experience with new eyes, and in so doing now feel I have a real foundation for wanting to be on the Board, to hear what is happening in the health care realm, and to have my voice play a part in the decisions made by the Board.

Question #4)

Education:

- A) Doctor of Pharmacy; University of Arizona 1994
- B) BS Chemistry; Arizona State 1988

Volunteer Activities:

- A) County PHF Unit weekly facilitating "Coping with Voices" groups (HVN model)
- B) Preparation of core competencies in progress for SLO County nursing staff in "Voice Hearing", scheduled for August 2016
- C) PAAT (Peer Advisory and Advocacy Team) Chairperson; 2015- present

Trainings: Trained by the Hearing Voices Network to facilitate groups of voice hearers and those experiencing other hallucinations and unexplained personal phenomena.

Certifications/Licensure:

- A) Certification in Psychiatric Pharmacy- 2014
- B) HVN Certification- 2016
- C) AZ State Board of Pharmacy Licensure as Pharmacist #10568- 1994 to present

Special Skills: Facilitation, research, analytical data collection and analysis, public speaking, working with the mentally ill, statistics.

Work Experience: My most recent work experience was spent at TMHA as a Program Assistant working at a wellness center with the mentally ill. Prior to this I was a pharmacist working in both traditional and non-traditional pharmacy. I was adjunct faculty at the University of Arizona working with pharmacy students on rotation, while running a Coumadin clinic for 2 years. Prior to this my life was intensely focused on polymer research as I worked towards my PhD in pharmaceuticals.

Time with Mentally Ill Persons: [REDACTED]

[REDACTED] In pharmacy, my specialty was psychiatric pharmacy, so I was accustomed to the mentally ill from a clinical viewpoint. [REDACTED]

Professionally, at Transitions Mental Health Association, I worked with the mentally ill [REDACTED]  
[REDACTED]  
I also mentored our clients one on one to the best of my ability to either meet their needs, or lead them to where their needs might be met.

[REDACTED]