

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS  
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 8/9/2016	(3) CONTACT/PHONE Darci Hafley 805-788-2156	
(4) SUBJECT Request to approve a FY 2016-17 Standard Agreement Performance Contract (Clerk's File) with the State Department of Health Care Services delegating responsibility for establishing community mental health services to the County related to the Mental Health Services Act, Projects for Assistance in Transition from Homelessness (PATH), and the Community Mental Health Services Grant programs. All Districts.			
(5) RECOMMENDED ACTION It is recommended that the Board approve a FY 2016-17 Standard Agreement Performance Contract (Clerk's file) with the State Department of Health Care Services delegating responsibility for establishing community mental health services to the County for the Mental Health Services Act, Projects for Assistance in Transition from Homelessness (PATH), and the Community Mental Health Services Grant programs.			
(6) FUNDING SOURCE(S) N/A	(7) CURRENT YEAR FINANCIAL IMPACT \$0	(8) ANNUAL FINANCIAL IMPACT \$0	(9) BUDGETED? N/A
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. ___) <input type="checkbox"/> Board Business (Time Est. ___)			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) N/A		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A <input type="checkbox"/> 4/5 Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A    Date: <u>      08/18/2015      </u>	
(17) ADMINISTRATIVE OFFICE REVIEW Morgan Torell			
(18) SUPERVISOR DISTRICT(S) All Districts			

**County of San Luis Obispo**



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director  
Anne Robin, L.M.F.T., Behavioral Health Administrator

DATE: 8/9/2016

SUBJECT: Request to approve a FY 2016-17 Standard Agreement Performance Contract (Clerk's File) with the State Department of Health Care Services delegating responsibility for establishing community mental health services to the County related to the Mental Health Services Act, Projects for Assistance in Transition from Homelessness (PATH), and the Community Mental Health Services Grant programs. All Districts.

**RECOMMENDATION**

It is recommended that the Board approve a FY 2016-17 Standard Agreement Performance Contract (Clerk's file) with the State Department of Health Care Services delegating responsibility for establishing community mental health services to the County for the Mental Health Services Act, Projects for Assistance in Transition from Homelessness (PATH), and the Community Mental Health Services Grant programs.

**DISCUSSION**

The Department of Health Care Services (DHCS) is responsible for implementing the provisions of the Mental Health Services Act (MHSA), Projects for Assistance in Transition from Homelessness (PATH) and the Community Mental Health Services Block Grant (CMHBG) through annual county mental health services performance contracts with all counties. The standardized sections of this agreement were negotiated between the DHCS and the California Behavioral Health Director's Association and lays out specific requirements and mandates associated with programs including compliance with various Welfare and Institution Code, Medi-Cal policy and procedures, patients' rights, fiscal controls, various reporting requirements, privacy laws that the counties must comply with.

DHCS has set the term of this agreement to run from July 1, 2016 through June 30, 2017. The previous agreement between the County and the state for these services ended on June 30, 2016. The following components are included in the agreement:

**Mental Health Services Act (MHSA)**

The MHSA was enacted into law January 1, 2005, following the passage of Proposition 63 in November 2004. This Act was designed to expand and transform county mental health services by imposing an additional one percent tax on individual taxable income in excess of one million dollars. Annually, Behavioral Health presents its MHSA Annual Update report for Board approval, prior to submission to the State. The Update details the various MHSA programs, number of clients served, and cost associated with each program. The next Update is expected to be presented to the Board in October 2016.

**Projects for Assistance in Transition from Homelessness (PATH)**

The State was awarded federal homeless funds through the federal McKinney PATH formula grant, which the County receives annually. The grant funds are to be used for community based outreach, mental health and substance abuse referrals to treatment, case management, and other support services for the homeless mentally ill. This program works alongside the MHSA Full Service Partnership Homeless Services program and funds an Outreach Worker with Transitions Mental Health Association. The Outreach Worker works with homeless mentally ill people and assists them in accepting and participating in existing programs, as well as linking and consulting with other homeless service providers,

and provides ongoing case management services.

If a homeless mentally ill individual accepts assistance from the Outreach Worker, then he or she may be referred to an array of programs such as: the Homeless Full Service Partnership program, dual-diagnosis services, family supports, and substance abuse counseling. The overall goal of the PATH grant is to assist individuals in accessing mental health services and housing.

### **Community Mental Health Services Block Grant (CMHBG)**

The Department of Health Care Services (DHCS) awards federal CMHBG funds to counties to provide a broad array of mental health services within their mental health system of care to two target populations: children and youth with serious emotional disturbances, and adults and older adults with serious mental illnesses. The County may use the funds to develop innovative programs or augment existing programs. The County uses the funds to augment the following programs and services:

- Enhanced Services for American Care Home: CMHBG enriches a large licensed board and care home with living skills training and recreational activities usually found only in intensive residential treatment or off-site day treatment milieus. Services provided are essential to help maintain residents in the lowest possible level of care, reduce need for psychiatric inpatient care, and reduce need for out-of-county locked institutional settings. Adults with severe mental illness are provided psycho social support within their living environment in order to enable them to continue living in an open community placement. Enhanced services also aid in avoiding crises and conflicts. Previously these services were provided off-site at the North County Clubhouse, but they are now provided at the facilities themselves.
- Behavioral Health Treatment Court (BHTC): The funds are used to pay for a staff member to provide evaluation and referral consultation, outpatient case management, rehabilitation services, case planning and consultation, group rehabilitation, medication support, referrals and crisis intervention for clients in the BHTC program and act as a liaison with Probation, jail staff, judges and attorneys.
- Enhancement of Services for Dual Disorder clients: The funds are used to pay for a dual disorder-trained clinician to add to the capacity of the Dual Disorder Program. The interventions include outreach activity, specialized substance abuse assessments, individual and group treatment, education and harm reduction strategies, social rehabilitation, relapse prevention and maintenance. The program is an integrated service with access to all Mental Health services and provides treatment for both disorders by specially trained staff.
- Children's System of Care: The purpose of the overall System of Care for children and adolescents is to focus on care for seriously emotionally disturbed children, and to help them to improve their functioning in community based, least restrictive settings including in their own homes and schools. To achieve this overall goal, the Department collaborates with numerous agencies, such as School Districts, Probation, and Social Services to identify and collaborate to provide the appropriate interventions. The funds are used towards the continuation and maintenance of services to non-Medi-Cal eligible children at the South County Services Affirming Family Empowerment (SAFE) System of Care.
- The First Episode Psychosis: The purpose of this funding is to promote the development of an integrated Coordinated Specialty Care program for transition-age youth between 15 and 30 years of age who are experiencing First Episode Psychosis.

The Department collaborated with staff from California Polytechnic State University (Cal Poly) to develop the Campus Residential Crisis Program (CCRP). The goal for the CRCP is to reduce the negative impact of first episode psychosis on the local college student population by providing early intervention and appropriate treatment for young adults experiencing "first breaks." The grant funds staff to provide individual and group counseling and referral, ongoing outreach, education, and referral support. Staff respond to any psychiatric crisis calls for young adults aged 17-25 within the residential community of Cal Poly, as well as provide support for off-campus Cal Poly and Cuesta College students when available.

## OTHER AGENCY INVOLVEMENT/IMPACT

County Counsel has approved the agreement as to form and legal effect.

## FINANCIAL CONSIDERATIONS

While there is no funding amount associated with this contract, it is a performance contract that is meant to ensure the County is adhering to the conditions and requirements of the MHSA, PATH and CMHBG programs. If the County does not execute the contract, then DHCS can withhold payments until the County submits an agreement.

The estimated award amounts for FY 2016-17 for CMHBG and PATH, as well as the Adopted Budget for MHSA are detailed below:

<b>CMHBG</b>		
<b>Programs Funded</b>	<b>FY 2015-16 Actual</b>	<b>FY 2016-17 Budget</b>
American Care Home (contract)	\$ 97,382	\$ 97,382
Behavioral Health Treatment Court	70,957	78,722
Dual Disorder Program	57,159	57,159
Children's System of Care	254,061	254,061
First Episode Psychosis Program	47,158	137,205
<b>Total CMHBG Funding*</b>	<b>\$ 526,717</b>	<b>\$ 624,529</b>
<b>PATH</b>		
<b>Program Funded</b>	<b>FY 2015-16 Actual</b>	<b>FY 2016-17 Budget</b>
Homeless Full Service Partnership	\$ 58,160	\$ 48,129
<b>Total PATH Funding*</b>	<b>\$ 58,160</b>	<b>\$ 48,129</b>
<b>MHSA</b>		
<b>Programs Funded</b>	<b>FY 2015-16 Actual</b>	<b>FY 2016-17 Budget</b>
Community Services & Supports	\$ 6,566,522	\$ 7,749,944
Prevention & Early Intervention	1,979,275	2,159,271
Innovation	90,486	590,822
Workforce, Education & Training	87,888	119,960
Capital Facilities	494,369	613,935
<b>Total MHSA Funded Budget*</b>	<b>\$ 9,218,540</b>	<b>\$ 11,233,932</b>

*\*Total budget reflects only the funding's share of expenses and does not include reimbursable revenue (e.g. Medi-Cal revenue).*

## RESULTS

The outcomes and outputs tracked by this agreement are dictated by DHCS. As required by the agreement, Behavioral Health prepares a Mental Health Services Act Annual Update for the Board of Supervisors and DHCS annually.

Historically, the MHSA Annual Update has been presented to the Board at the beginning of each fiscal year. The MHSA Update submission and reporting guidelines have been changed and are now due in December. Once the State releases new preparation instructions to counties, The Behavioral Health Department will present the Update to the Board for approval prior to submission to DHCS.

Previous MHSA results can be viewed here:

<http://www.slocounty.ca.gov/Assets/MHS/pdfs/MHSA+Annual+Update+2015-2016.pdf>

Other outcomes and outputs are as follows:

**Community Mental Health Services Block Grant**

<b>American Care Home</b>			
<b>Year</b>	<b>FY 2015-16 Target</b>	<b>FY 2015-16 Actual</b>	<b>FY 2016-17 Target</b>
Number of clients served	50	49	50
Percentage of clients served that will not use acute hospitalization during the fiscal year	75%	98%	75%

<b>Behavioral Health Treatment Court</b>			
<b>Year</b>	<b>FY 2015-16 Target</b>	<b>FY 2015-16 Actual</b>	<b>FY 2016-17 Target</b>
Number of clients served	45	40	45
Percentage of clients that will complete the program without new crimes/probation violations and no new involuntary psychiatric hospitalizations	50%	57%	50%

<b>Dual Disorder Program</b>			
<b>Year</b>	<b>FY 2015-16 Target</b>	<b>FY 2015-16 Actual</b>	<b>FY 2016-17 Target</b>
Number of clients served	30	31	30

<b>Children's System of Care</b>			
<b>Year</b>	<b>FY 2015-16 Target</b>	<b>FY 2015-16 Actual</b>	<b>FY 2016-17 Target</b>
Number of clients enrolled	50	69	50
School attendance rate of youth who receive services will continue to show improvement	80%	80%	80%
Provide 12 Parenting Classes throughout the year in English and Spanish	12	12	12
Children and youth served will avoid being placed in group homes or hospitalized	90%	98%	98%
Children and youth served will not be formally involved in the Juvenile Justice system	80%	94%	94%

<b>First Episode Psychosis Program</b>			
<b>Year</b>	<b>FY 2015-16 Target</b>	<b>FY 2015-16 Actual</b>	<b>FY 2016-17 Target</b>
Number of clients enrolled	200	146	200

**PATH Grant**

<b>PATH</b>			
<b>Year</b>	<b>FY 2015-16 Target</b>	<b>FY 2015-16 Actual</b>	<b>FY 2016-17 Target</b>
Number of clients to be contacted	75	102	75
Number of clients to be enrolled*	25	25	25

\*Clients who chose to participate and meet criteria are enrolled in various programs. Related outcomes reported

appropriately in the specific program.

Approval of the agreement will continue the County's participation in the MHSA, PATH and CMHBG programs. Through each of these programs, the Health Agency's Behavioral Health Department furthers its departmental goals to assist individuals with serious mental illness to be as functional and productive as possible in the least restrictive and least costly environments. Providing the most appropriate services to the clients increases the probability of positive treatment outcomes. Furthermore, positive treatment outcomes contribute to the wider County vision of a healthy and safe community.

**ATTACHMENTS**

1. DHCS 2016-17 Performance Contract Clerk's Filed Coversheet