

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 8/9/2016	(3) CONTACT/PHONE Amy Olson, ASO II, 781-4729	
(4) SUBJECT Request to approve five FY 2016-17 renewal contracts, with the option to renew for two additional years, in the cumulative amount not to exceed \$513,170 with five group home facilities to provide residential board and care and social support services for youth and adolescents with severe emotional and mental health issues. All Districts.			
(5) RECOMMENDED ACTION It is recommended that the Board approve FY 2016-17 renewal contracts with Casa Pacifica Centers for Children and Families, Edgewood Center for Children and Families, Milhous Children's Services, Inc., Odd Fellow Rebekah Children's Home of California, and Victor Treatment Centers, Inc. in the cumulative amount not to exceed \$513,170 to provide residential board and care and social support services for children with severe emotional and mental health issues.			
(6) FUNDING SOURCE(S) Medi-Cal, Realignment, and Early and Periodic, Screening, Diagnostic, and Treatment (EPSDT)	(7) CURRENT YEAR FINANCIAL IMPACT \$513,170	(8) ANNUAL FINANCIAL IMPACT \$513,170	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. ___) <input type="checkbox"/> Board Business (Time Est. ___)			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) 19001684		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A <input type="checkbox"/> 4/5 Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A Date: <u>7-22-14 item 12</u>	
(17) ADMINISTRATIVE OFFICE REVIEW Morgan Torell			
(18) SUPERVISOR DISTRICT(S) All Districts			

County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director
Anne Robin, LMFT, Behavioral Health Administrator

DATE: 8/9/2016

SUBJECT: Request to approve five FY 2016-17 renewal contracts, with the option to renew for two additional years, in the cumulative amount not to exceed \$513,170 with five group home facilities to provide residential board and care and social support services for youth and adolescents with severe emotional and mental health issues. All Districts.

RECOMMENDATION

It is recommended that the Board approve FY 2016-17 renewal contracts with Casa Pacifica Centers for Children and Families, Edgewood Center for Children and Families, Milhous Children's Services, Inc., Odd Fellow Rebekah Children's Home of California, and Victor Treatment Centers, Inc. in the cumulative amount not to exceed \$513,170 to provide residential board and care and social support services for children with severe emotional and mental health issues.

DISCUSSION

The Health Agency's Behavioral Health Department is responsible for providing mental health services to youth who have been placed in a sub-acute residential treatment facility and group homes by the following agencies:

- 1) Department of Social Services;
- 2) Probation Department;
- 3) School Districts, as part of an Individual Education Plan (IEP).

These youth typically have severe emotional problems that can result in behavioral disorders that compromise their ability to function successfully in the community and hinder educational progress. In some cases, these behaviors lead to involvement with the criminal justice system. Many of these youth have been unsuccessful in an outpatient treatment setting and have failed in multiple foster home placements before being placed in a group home or residential treatment facility.

During the FY 2016-17 budget hearings, Behavioral Health, the Department of Social Services and Probation presented to the Board a comprehensive overview of Continuum Care Reform (CCR) (AB403). While the vision of CCR includes all foster children placement settings and associated services to be provided locally, the County will need to continue to contract with specific group homes for those children who are not able to be placed locally during FY 2016-17, and possibly into future years, due to the level of care needed, and during the transition period for group homes to become certified as Short Term Treatment Programs as required by AB403.

All group homes and residential treatment facilities are licensed and monitored by the California Department of Social Services, Community Care Licensing Division. The group homes and residential treatment facilities included in this Board item are classified as Level 14 facilities, the most intense level of care classified by the State. Each facility offers a safe, secure setting for youth, while providing specialized services to enhance life skills, promote behavioral management skills, and address negative impacts regarding educational progress. Group homes and residential treatment facilities generally serve youth who need longer-term care than is available in an acute care hospital setting.

The Behavioral Health Department is responsible for the cost of providing day treatment and/or mental health services to youth residing in Level 14 group home facilities. Day treatment and mental health services provide the mental health treatment component of the residential program. Day treatment programs are a minimum of five days per week, with each

session being a minimum of three continuous hours per day. Typical mental health services provided as part of the client's treatment plan may include:

- Group interactions providing support, feedback and guidance to help youth build skills in problem solving and problem identification that will lead to integration back into their community
- Adjunctive therapies in which clients utilize other forms of self-expression, such as art therapy to enhance self-esteem
- A behavioral management system that utilizes points and levels to evaluate progress and provides immediate feedback to the youth in order to meet treatment goals
- Psychotherapy, if the program is of the intensive type
- Case management
- Medication support
- Crisis intervention
- Therapeutic behavioral services.

These services provide behavior modeling, structure and support, and immediate, one-to-one interventions that assist the youth in engaging in appropriate activities, minimizing impulsivity and increasing social competencies.

Since there are no Level 14 group homes in this county, the Behavioral Health Services staff, in collaboration with the Probation Department, the Department of Social Services and local school districts, make every attempt to place youth in facilities as close to San Luis Obispo County as possible. Each group home has a limited number of openings, so the County contracts with multiple facilities to ensure that placement options are available when needed. In addition to bed availability, staff considers a number of important factors when deciding on the most appropriate placement for each youth. Specialty programs range from services geared to young children to services targeting teens needing vocational skill building. Each facility must also meet credentialing requirements for each type of service provided and are continuously re-evaluated on their performance.

Below is the location of the five group homes and residential treatment facilities:

<u>Treatment Facility</u>	<u>Location</u>
Casa Pacifica Centers for Children and Families	Camarillo
Edgewood Center for Children and Families	San Francisco
Milhous Children's Services, Inc.	Nevada City
Odd Fellow Rebekah Children's Home of California	Gilroy
Victor Treatment Centers, Inc.	Stockton

As specified in Exhibit C.4., the Option to Renew section of the contract, the contract may be extended for two one-year periods with the approval of the Health Agency Director. The Health Agency Director may also approve any changes pertaining to types of service(s), service level changes or rate changes as specified in Exhibit D.30, the Delegation of Authority section of the contract.

OTHER AGENCY INVOLVEMENT/IMPACT

County Counsel has reviewed and approved the contract as to form and legal effect.

FINANCIAL CONSIDERATIONS

The FY 2016-17 Behavioral Health Budget includes \$513,170 for group homes and residential treatment facilities, the same amount budgeted for FY 2015-16. During FY 2015-16, fewer client days were utilized than budgeted due to moving the majority of the clients to lower or other levels of care early during the year. The budget estimate for FY 2016-17 was based on anticipating early FY 2015-16 usage of mental health services by clients placed in Level 14 residential care.

The table below displays actual expenditures for all group homes utilized during the past three fiscal years and the estimated distribution and amounts for FY 2016-17 Budget.

RCL-14 Group Home Client Days and Costs

Group Home	2013-14 Actual		2014-15 Actual		2015-16 Estimate		2016-17 Budget	
	Clients*	Cost	Clients*	Cost	Clients*	Cost	Clients*	Cost
Bayfront	1	\$26,576	2	\$81,782	2	\$11,698	0	\$0
Casa Pacifica	0	\$0	1	\$14,585	2	\$39,348	1	\$64,031
Charis	0	\$0	1	\$4,106	0	\$0	0	\$0
Edgewood	0	\$0	0	\$0	0	\$0	1	\$64,031
Milhouse	8	\$285,169	6	\$298,867	4	\$37,498	3	\$193,016
Rebekah	0	\$0	1	\$6,261	1	\$418	1	\$64,031
TLC	1	\$10,093	1	\$11,053	0	\$0	0	\$0
Victor	0	\$0	1	\$2,949	3	\$56,406	2	\$128,062
TOTAL BUDGET/SPENT	10	\$321,838	13	\$419,603	12	\$145,368	8	\$513,171

*Client stay may not stay for one entire year.

The annual contract amount for each provider is set at \$513,170 which is the entire budget for all Behavioral Health group homes and residential treatment facilities serving youth and adolescents. However, the County will only compensate each provider for the actual services provided. By setting the contract value for each provider at the maximum dollar amount, the Department gains the flexibility to utilize a pool of providers during the year based on the needs and requirements of each client. It is likely that the actual FY 2016-17 costs will be less than the amount budgeted.

RESULTS

Description	Fiscal Year		
	2015-16 Target	2015-16 Actual	2016-17 Target
Outputs			
Unduplicated Clients Served	8	12	8
Outcomes			
Percent of clients will avoid acute hospitalization during the contract year	80%	92%	80%
Percent of County's client residents will attend and participate in school activities at least 95% of the established school days	80%	96%	80%

A total of 12 clients were placed in Level 14 group homes during FY 2015-16 and as of June 2016 only two clients remained in Level 14 group home placements. During FY 2015-16 the Department was successful in moving six clients out of these group homes and into lower levels of care. Two clients turned 18 and "aged out" of group home services. Two clients were moved to higher levels of care out of state. Each client, and their family, who has been moved to a lower or other level of care, will continue to receive support from organizations partnered with the County.

The Behavioral Health Department strives to serve clients in the least restrictive settings as possible and supports a continuum of care appropriate for clients at all treatment levels. Organizations that the BHD will partner with to continue this strategy in FY 2016-17 include: Kinship Center, which provides specialty services for youth and their relative caregivers/foster parents; Martha's Place, the Children's Assessment Center, which offers early assessments and treatment for children with prenatal drug exposure; the Mental Health Services Act (MHSA) programs for Youth and Transitional age Youth, which provide intensive wraparound services to high-risk youth in the community; Child Development Center, to provide behavior modeling, structure and support services to Medi-Cal beneficiaries of low income families; and continued collaboration with the County Office of Education to offer enhanced services to students in special education classes.

These various programs are designed to increase support for youth and families and provide a network of care to allow more youth to remain in the community. It is anticipated that the availability of this expanded network of care will reduce the number of group home and residential treatment facility placements. A number of more severely disturbed youth will continue to need the highly structured environment that is offered by a group home or residential treatment facility to

assure their safety and well-being. Outpatient services will remain available to youth when they graduate from the residential program and return home.

The Behavioral Health Department seeks to provide clients the appropriate level of care by matching treatment services, including residential placements, to clients' individual needs. The above mentioned contracts provide the necessary resources to assure that the appropriate level of care is available for the youth in need of residential treatment services. Providing the most appropriate services to these clients increases their probability of positive treatment outcomes. Furthermore, positive treatment outcomes contribute to the wider County vision of a healthy and safe community.

ATTACHMENTS

1. Casa Pacifica Contract Renewal FY 2016-17
2. Edgewood Contract Renewal FY 2016-17
3. Milhous Contract Renewal FY 2016-17
4. Rebekah's Contract Renewal FY 2016-17
5. Victor Contract Renewal FY 2016-17