

**SAN LUIS OBISPO COUNTY COMMISSION ON AGING**  
**2015 – 2016 (July thru June) PRIORITY Senior Issues.**  
**Actions taken to inform Commissioners and Public about COA Priority Senior issues.**

<b>PRIORITY SENIOR ISSUES</b>	<b><i>ACTIONS TO KEEP INFORMED</i></b>
<b>1) Explore New Ideas &amp; Update Past Ideas for Affordable Senior Housing</b>	<p><b><u>Presentations:</u></b>  <i>Assisting Seniors to Age in Place Gracefully &amp; Safely.</i> John Fowler (PSHH) July 2015</p> <p><i>Senior Housing on the Central Coast from the Home Builders' Perspective.</i> Jeff Eckles (HBA). Chris Skiff (Developer). Nov 2015</p> <p><b><u>Reports:</u></b>  <i>Neighborhood Village Committee:</i> Tauria Linala. Oct 2015</p> <p><b><u>Activity:</u></b> Visitation of 3 People's Self Help Housing Senior Properties May 2016</p> <p><b><u>Email distribution of other info/links related to topic:</u></b>  * Fair Housing Workshops re: CDGB Funds  * Long Term Care Costs in this region  * SLO Village Movement Newsletter Feb 2016  * 2016 Draft Action Plan. Jan 2016  * Oregon Senior Foster Care link. Apr 2016</p>
<b>2) Update on Mental Health Services for the Aging</b>	<p><b><u>Presentation:</u></b>  <i>Mental Health Resources for an Aging Population.</i> Traci Mello (Wilshire), Cami Statler (Transitions). Sept. 2015</p> <p><b><u>Report:</u></b>  <i>Update on Mental Health Beds in Templeton.</i> Judy Vick, County Mental Health. Oct 2015</p> <p><b><u>Notice to members:</u></b>  Suicide Prevention Forum</p>
<b>3) Disaster Preparedness for Seniors</b>	<p><b><u>Presentation:</u></b>  <i>Emergency and Disaster Preparedness - How Local Agencies Work Together.</i> Ron Alsop, (Emergency Services Manager). Jan 2016</p>
<b>4) Look into Outreach for those who may feel Isolated &amp; Lonely</b>	<p><b><u>Presentation:</u></b>  <b><u>Notice to Members:</u></b>  Hearing Loss Assoc. Monthly meetings &amp; topics disseminated to members.</p>
<b>5) Look Into Care Mgmt provided by Insurance Companies</b>	<p><b><u>Presentation:</u></b>  <i>Services for a Safe Transition from Hospital to Home.</i> Jean Raymond, Dignity Health; Lisa Thornhill, Sierra Vista Regional Medical Center; Michelle Blanc &amp; Teresa Baudanza, Twin Cities Medical Center. Mar 2016</p>
<b>6) Investigate Availability of Emergency Alert Systems</b>	<p><b><u>Presentation:</u></b>  <i>Medical Alert Systems: Assurance for Seniors &amp; Family.</i> Shelly Jackson, Professional Care Manager (Bates Care) and Marie Brinkmeyer, Executive Director of Senior Volunteer Services (re: Project LifeSaver). June 2016</p>

<p><b>Other Presentations:</b></p>	<p><b><i>Our Changing Health Care Landscape.</i></b> Alan Iftiniuk (Dignity) Ron Yukelson (Tenet). <i>Aug 2015</i></p> <p><b><i>Medicare Open Enrollment Plans and Changes.</i></b> Buff Lawson, HICAP. <i>Oct 2015</i></p> <p><b><i>Innovative Recommendations for Accessible and Affordable Transportation Solutions.</i></b> Sara Sanders, Rideshare. <i>Oct 2015</i></p>
<p><b>Special Reports:</b></p>	<p><b><u>Special Reports:</u></b> <b><i>CAL TRANS Grant for Vulnerable Users:</i></b> Eliane Wilson. <i>Oct 2015</i></p> <p><b><i>Transportation Funding in our Region: What's Important to You?</i></b> Stephanie Hicks, Rideshare Program Manager. <i>Feb 2016</i></p> <p><b><i>2016 Action Plan for Housing related Expenditures.</i></b> Matt Leal, County Planning &amp; Development. <i>Feb 2016</i></p> <p><b><i>Morro Bay Transportation:</i></b> Eliane Wilson, SLOCOG. <i>Apr 2016</i></p> <p><b><i>Transportation Investment Plan 2016.</i></b> Stephanie Hicks, Rideshare. <i>Apr 2016</i></p> <p><b><i>MSAA Grant &amp; Transportation Mgmt Coordination Center.</i></b> Jason Portugal, Ride On. <i>May 2016</i></p> <p><b><i>SLO Rural Status &amp; Finding Doctors.</i></b> Scott smith-Cooke, HICAP Counselor &amp; Health Commissioner. <i>May 2016</i></p> <p><b><i>Atascadero Fun Club &amp; Non-Profit funding.</i></b> Ann Fletcher, Director. <i>May 2016</i></p> <p><b><i>Real Cost Measure in CA.</i></b> Rick London, United Way. <i>Jan 2016</i></p> <p><b><u>Reports by Members:</u></b> <b><i>Home Care Services Protection Act.</i></b> Myra Lathrop. <i>Feb 2016</i></p> <p><b><i>Morro Bay Senior Center: New Mgmt.</i></b> Alice York. <i>Mar 2016</i></p> <p><b><i>Senior Highlights: Semi-Annual Dept of Social Services Report.</i></b> Kiana Jackson, DSS Social Worker. <i>Mar, 2016</i></p> <p><b><i>Expanding Dementia: Difficult Placements.</i></b> Karen Jones, LTCOMB. <i>Apr 2016</i></p> <p><b><i>Looking Back Reaching Forward.</i></b> Tom Clough presents vision for future COA Outreach. <i>May 2016</i></p>
<p><b>Advocacy and Outreach:</b></p>	<p><b><u>Letters of Support-- COA or Individual members:</u></b> <b><i>* CDBG Funds for renovation of existing housing for low income &amp; homeless persons, etc</i></b> BOS <i>Oct 2015</i></p> <p><b><i>* AB 377. Support incentives for investment in affordable housing projects.</i></b> Jerry Brown. <i>Sept 2015</i></p> <p><b><i>* for SLO Vet Hall Disabled Signage improvement.</i></b> P&amp;R. <i>Sept 2015 ( installed)</i></p> <p><b><i>* for SLOCOG Grant to detail locations of most vulnerable users.</i></b> <i>Oct. 2015</i></p> <p><b><i>* for More Mental Health beds in the County.</i></b> Letters to BOS &amp; County Planning. <i>Nov 2015</i></p> <p><b><i>* Hearing Loss Association.</i></b> Letter to BOS. Support monies for Captioning Services. <i>Apr, 2016</i></p>

	<p><b><u>Meetings attended by COA members:</u></b></p> <ul style="list-style-type: none"> <li>* <b>United Way Real Cost Measure Meeting</b> Nov 2015</li> <li>* <b>MSAA User Committee. TransMgmt Coordination.</b> Feb, Mar &amp; Apr 2016</li> <li>* <b>Hearing Loss Association.</b> Alice York, elected HLA Board member. 2016</li> <li>* <b>Hearing Loss Association.</b> Alice York Nov-Feb 2016</li> <li>* <b>Paso CDBG Workshop.</b> (Rimington). Sept 2015</li> <li>* <b>Village Concept: LifeLong Learning.</b> Chair &amp; Alice York</li> <li>* <b>Mobility Management Workshop.</b> Advocate for “door to door” trans needs. Oct 2015</li> <li>* <b>Parks &amp; Rec Input Session.</b> Advocate for Senior Centers. Oct 2015</li> <li>* <b>Area Agency on Aging Listening Sessions.</b> Feb 5- Paso -Myra Lathrop, Feb 8- SLO -Chair</li> <li>* <b>Adult Services Policy Council</b> (Monthly)</li> <li>* <b>Froom Ranch Plans (CCRC):</b> Alice York &amp; Chair. Mar, 2016</li> <li>* <b>Dwellforward.</b> Anita Shower. Apr 2016</li> <li>* <b>The Oaks at Nipomo- senior living community.</b> Judy Mishoulam. May 2016</li> </ul> <p><b><u>Board of Supervisors Meetings:</u></b></p> <ul style="list-style-type: none"> <li>-&gt;<b>CDBG Funds.</b> Advocate for renovation of existing housing for low income &amp; homeless persons. BOS Oct 2015</li> <li>-&gt; <b>2016 State Legislative/Regulatory Platform.</b> Advocate for more regulations that allow more affordable senior independent living residences. BOS Feb 2,2016</li> <li>-&gt; <b>SLOCOG Self-Help County proposal.</b> Advocate for more % of funding for Senior Trans. Apr 6, &amp; May 4 2016</li> </ul>
<p><b>Distribution of Information to Members</b></p>	<ul style="list-style-type: none"> <li>* White House Conference on Aging July 13,2015</li> <li>* Long Term Care Costs in this region</li> <li>* Suicide Prevention Forum Notice</li> <li>* New to Medicare Seminars</li> <li>* Warming Station locations</li> <li>* HomeShare Program Presentation—Morro Bay (Jan 30)</li> <li>* California Senior Legislature—tax return ck off</li> <li>* Transportation MSAA Grant SURVEY Notice. Feb 2016</li> <li>* Transportation MSAA Grant Stakeholder meeting. Feb 2016</li> <li>* Monthly notice -Central Coast <b>Hearing Loss Association</b> meetings</li> <li>* Medicare reimbursement in 14 California counties update. Link from Lois Capps office for CMA &amp; CMS details. May 2016</li> <li>* Central Coast Voices Broadcast date: 5/26/16 re: HomeShare</li> </ul>

**PART ONE:**

**ATTACHMENT A--GOALS**

**SAN LUIS OBISPO COUNTY COMMISSION ON AGING**

**Actions taken during this fiscal year 2015 – 2016 (July thru June) to continue fulfilling our long term Goals.**

<p><b>GOAL #1 Continue to collect information from Seniors about their concerns and their solutions.</b></p>	<p><b>GOAL #1 Continue to collect information from Seniors about their concerns and their solutions.</b></p>
<p><b>ACTION</b></p>	<p><b>ACTION</b></p>
<p><b>Senior Center Collaboration:</b>  <i>Liaisons:</i> <u>Zarycka</u> –Paso; <u>York</u> -- Morro Bay, Cayucos; <u>Mishoulam</u> – Nipomo; <u>Showers</u> – Central Coast (Oceano); <u>Bellefontaine</u>--SLO</p> <p><b>Collaboration with other Senior-focused Agencies, Councils &amp; Commissions:</b> such as</p> <ul style="list-style-type: none"> <li>➤ <u>Adult Services Policy Council:</u> Meetings attended by COA Chair or alternate when possible.</li> <li>➤ <u>Senior Volunteer Services</u></li> <li>➤ <u>Peoples Self Help Housing (PSHH)</u></li> <li>➤ <u>Housing Trust Fund</u></li> <li>➤ <u>Hearing Loss Association</u></li> </ul> <p><b>Outreach to Community:</b> Electronic publicizing:</p> <ul style="list-style-type: none"> <li>➤ County Libraries</li> <li>➤ County Senior Centers</li> <li>➤ COA Website</li> <li>➤ Tolosa Press</li> <li>➤ Senior Volunteer Services in weekly e-blasts and social media.</li> </ul> <p>Available for public through:</p> <ul style="list-style-type: none"> <li>➤ Website •Rack Card •211 referral</li> </ul>	<p><b>Speaker Bureau Presentations to community:</b>          What the Commission on Aging Can Do for You?          *United Methodist Women SLO Nov 2015          *Templeton Active Seniors Dec 2015          *Unitarian Universalist Women’s Group Mar2016</p> <p><b>Commissioners gather info from other County venues:</b></p> <ul style="list-style-type: none"> <li>➤ Mobility Mgmt Workshop: Oct 2015</li> <li>➤ 2016 Actoin Plan Community meeting Sept 2015</li> <li>➤ AAA Listening Sessions Feb 2016</li> <li>➤ PSHH: Visit to 3 Senior Properties May 2016</li> <li>➤ Hearing Loss Association of America: SLO Branch Meetings</li> <li>➤ Ride On Transportation Coordination Stakeholders Mar 2016</li> <li>➤ CCRC Froom Ranch presentation Mar 2016</li> <li>➤ Dwellforward Mar 2016</li> </ul> <p><b>Participation in Fairs/ Other:</b>          * <i>Journey of Hope</i> Tom Clough Jan 13, 2016          * <i>Empowering the Caregiver Resource Fair</i> June 2016          * <i>Chair Interview by Yale School of Public Health.</i> Feb 2016</p> <p><b>Informed about Senior Needs through Advocates:</b></p> <ul style="list-style-type: none"> <li>➤ SLO Hearing Loss Association</li> <li>➤ Q &amp; A re: Scams</li> <li>➤ California Senior Legislature</li> </ul>
<p><b>GOAL #2 Continue to provide relevant and timely information to the Board of Supervisors</b></p>	<p><b>GOAL #2 Continue to provide relevant and timely information to the Board of Supervisors</b></p>
<p><b>ACTION</b></p>	<p><b>ACTION</b></p>
<p><b>2014-15 Annual Report presented to BOS:</b>          July 21, 2015</p> <p><b>Invitations to Supervisors to attend COA meetings.</b> 2015 Christmas note (Photograph by Dennis Eamon Young, 2015).</p> <p><b>Attendance at SLOCOA by Legislative Assistants.</b> Always appreciated. Special thanks this year: Cheri McKee</p>	<p><b>Visits with Supervisors:</b>          Gibson &amp; York          Compton &amp; Mishoulam</p> <p><b>Chair attendance at BOS meetings for advocacy:</b>          CDGB Housing Grant support: Oct 2015          Trans Funding Report Apr 2016          Trans Funding Finalizing May 2016          County State Legislature Platform</p>



# SAN LUIS OBISPO COUNTY COMMISSION ON AGING

[www.slocounty.ca.gov/coa.htm](http://www.slocounty.ca.gov/coa.htm)

PO Box 8119 San Luis Obispo, CA 93403-8119

June 17, 2016

*Kathleen Bellefontaine, Chair  
Member at Large*

*Maryanne Zarycka  
District 1 Representative*

*Alice York  
District 2 Representative*

*Anita Shower  
District 3 Representative*

*Judy Mishoulam,  
District 4 Representative*

*Shirley Summers  
District 5 Representative*

*Julie Cox  
Area Agency on Aging Board*

*Karen Jones  
Long Term Care Ombudsman*

*Elias Nimeh / Tina Solomon  
Senior Nutrition Program*

*Brittany Carraway  
Senior Service Provider*

*Roger Randall  
Member at Large*

*Member at Large*

*Marilyn Hamilton, Vice Chair  
Member at Large*

*Myra Lathrop  
Member at Large*

*Peta Rimington  
Alternate Member at Large*

*Thomas Clough  
Alternate Member at Large*

*Rick Cohen  
Alternate Member at Large*

*SLO County District Attorney*

*SLO County Mental Health*

*SLO County Social Services*

To: San Luis Obispo County Board of Supervisors

From: Kathleen Bellefontaine, Chairperson  
SLO County Commission on Aging

## Projected Goals and Priority Senior Issues for **2016-2017** Agreed upon by the membership of the SLO County Commission on Aging

### Goals:

- 1) Increase **public** awareness on critical issues facing an expanding senior population; communicate information on senior services
- 2) Advocate for seniors on these critical issues with Board of Supervisors, private and government sectors and through partnerships with service organizations

Attachment B details Action Plan for each goal.

### Priority Senior Issues to Focus on:

- 1) Explore new ideas & update past ideas for Affordable Senior housing
- 2) Investigate services that allow seniors to stay independent & have quality of life
- 3) Learn more about residential care facilities & alternatives
- 4) Explore insurer's role in Case Management for vulnerable seniors

### Priority Senior Issues to Advocate for:

- 1) Need for Medi-Cal assisted living waiver program in this County
- 2) Promote accessibility—shopping, housing, transportation etc
- 3) Mental Health Services includes Adult Day Care
- 4) Advocate for funding for Home Modification for accessibility

Attachment C is the record of member's votes for these issues.

cc: DSS