

SAN LUIS OBISPO COUNTY HEALTH COMMISSION APPLICATION

SAN LUIS OBISPO COUNTY HEALTH COMMISSION MISSION:

The mission of the San Luis Obispo County Health Commission shall be to work with, and on behalf of, the residents of the County to preserve and improve the quality of health for all people within the community. The Commission shall do all in its power to meld elements from both the public and private sectors in order to achieve the best and most cost-effective use of all health resources available to the community.

BY-LAWS, ARTICLE III, SECTION 1 - MEMBERSHIP:

a. The voting membership of the Commission should be broadly representative of the social, economic, linguistic, handicapped, and racial populations, geographical areas within the County and be in reasonable proportion to the ethnic origin, gender and age groups in the population of San Luis Obispo County.

b. The voting membership of the Commission shall consist at all times of a majority six (6) of health care consumers who are not direct or indirect providers of health care. The remainder of the Commission voting membership, five (5), two (2) shall be indirect providers and three (3) direct providers who are representative of the health care system in San Luis Obispo County. For the purposes of this Commission, effective July 1, 2000, indirect providers are defined as those individuals who are affiliated with the health care system and who are currently providing support services. These may include, but are not limited to medical office staff, health care administrators, health insurance personnel, health education/trainers, and individuals who are members of governing boards of a health care entity. Direct providers for the purposes of this Commission are defined as those individuals who are currently providing "hands on" health care services. These may include but not limited to, physicians, nurses, lab technologists, pharmacists, dentists, physicians assistants, ophthalmologists, podiatrists, mental health therapists, and other health care service providers.

(Please print or type)

Name Tamar Sekayan Email [REDACTED]
Address (home) [REDACTED]
City Arroyo Grande Zip Code 93420 Phone [REDACTED] Fax
Address (work) same as above
City Zip Code Phone Fax
Current Past Occupation Senior Manager, Patient Advocacy and Professional Relations
Current Past Employer Onyx Pharmaceuticals

PLEASE INCLUDE A SHORT NARRATIVE IN RESPONSE TO THE FOLLOWING QUESTIONS.

1. Why do you want to serve on the San Luis Obispo County Health Commission?
As someone who was born and raised in this community, I am invested in the betterment of our community's collective health and and access to quality care. I have seen members of our community struggle to navigate their way through medical care; not fully understanding their disease whether chronic or fatal, not being able to reach their doctor or knowing where to go for more information or support. I have also seen families struggle with violence and abuse and not knowing where, who or how to turn for help. The issue I continue to see is a struggle for advocacy. Individuals in our county are not well versed in how to advocate for themselves, and our county resources and medical offices are so limited with budget and staffing resources, that they often cannot advocate for all those they serve. This has been my primary interest in seeking a position on the Health Commission. I would like to be an advocate for our community.

2. What do you envision contributing during your term on the Commission?
Given my varied background in public health concerns such as domestic violence, elder abuse, child abuse, and oncology, I believe I can provide a perspective that encompasses the whole person - not just focusing on a particular health issue, but more on the systemic implications for an individual/community at large. My Macro Social Work focus in graduate school would also contribute to this perspective. My knowledge in local and national nonprofit resources, and private industry resources can help to widen the services that are

accessible to people of this county and hope that my training, background and broad perspective can help the commission to think creatively on how to address the needs of our community.

3. What health issues interest or concern you?

Oncology, Women's health, Children's health/welfare

4. The expectation is that Commissioners will devote at least 10 hours per month. Will your time schedule permit this commitment?

Yes

Please attach a resume, if available. A resume will not substitute for the above-requested information.

Please return completed form to Health Commission, 2191 Johnson Ave., San Luis Obispo, CA 93401 or jwhite@cc.slo.ca.us.