

IN THE BOARD OF SUPERVISORS  
COUNTY OF SAN LUIS OBISPO, STATE OF CALIFORNIA

\_\_\_ day of \_\_\_\_\_, 2016

**PRESENT: Supervisors**

**ABSENT:**

**RESOLUTION NO. \_\_\_\_\_**

**RESOLUTION TO PROCLAIM THE MONTH OF MAY 2016 AS MENTAL HEALTH  
AWARENESS MONTH IN SAN LUIS OBISPO COUNTY**

The following resolution is hereby offered and read:

WHEREAS, mental health is vital to everyone's overall health and well-being; and

WHEREAS, all Americans experience times of difficulty and stress in their lives; and

WHEREAS, prevention is an effective way to reduce the burden of mental illnesses;  
and

WHEREAS, there is a strong body of research supporting specific tools that all Americans can use to better handle challenges, and protect their health and well-being; and

WHEREAS, understanding mental health isn't only about being able to identify symptoms and having a name for these conditions but eliminating stigma by dispelling false ideas about mental health conditions as well; and

WHEREAS, with early and effective treatment, those individuals with mental illnesses can recover and lead full, productive lives; and

WHEREAS, each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental illnesses and has a responsibility to reduce stigma, promote mental wellness and support prevention efforts; and

WHEREAS, the community mental health system in San Luis Obispo County is made up of strong individuals, organizations, family members, advocates, and coalitions which seek to promote wellness and reduce stigma while increasing people's awareness of how mental health disorders affect children, families, and our society;

WHEREAS, thousands of individuals in San Luis Obispo County are living productive lives as a result of prevention, treatment and recovery services; and

WHEREAS, the local mental health and wellness community, the U.S. Substance Abuse and Mental Health Services Administration, the National Alliance on Mental Illness, and San Luis Obispo County Behavioral Health Department, invite all residents to participate in and celebrate **Mental Health Awareness Month**; and guide those in our

community who need mental health care toward the promising path of wellness and recovery.

NOW THEREFORE, BE IT RESOLVED, that the Board of Supervisors for the County of San Luis Obispo hereby proclaims MAY 2016 as, MENTAL HEALTH AWARENESS MONTH and calls upon all residents to observe this month with appropriate programs, activities, and ceremonies supporting the pledge to be "**Stigma Free.**"

Upon motion of Supervisor \_\_\_\_\_, seconded by Supervisor \_\_\_\_\_, and on the following roll call, to wit:

AYES:

NOES:

ABSENT:

ABSTAINING:

The foregoing resolution is hereby adopted.

\_\_\_\_\_  
Chairperson of the Board of Supervisors

ATTEST:

\_\_\_\_\_  
Clerk of the Board of Supervisors

[SEAL]

APPROVED AS TO FORM AND LEGAL EFFECT:

RITA L. NEAL  
County Counsel

By:   
\_\_\_\_\_  
Deputy County Counsel

Date: April 28, 2016

