

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 01/12/2016	(3) CONTACT/PHONE Cindy Collins, ASM, 788-2932; Amy Olson, ASO II, 781-4729	
(4) SUBJECT Request to approve calendar year 2016 renewal contracts with Rose Drago, M.D., David K. Fennell, M.D.; and Victor Perez Preciado, M.D. in the cumulative amount not to exceed \$206,530 to provide psychiatric services for Mental Health patients. All Districts.			
(5) RECOMMENDED ACTION It is recommended that the Board approve the calendar year 2016 renewal contracts with Rose Drago, M.D., David K. Fennell, M.D.; and Victor Perez Preciado, M.D. in the cumulative amount not to exceed \$206,530 to provide psychiatric services for Mental Health patients.			
(6) FUNDING SOURCE(S): Medi-Cal, EPSDT, Realignment	(7) CURRENT YEAR FINANCIAL IMPACT \$206,530.00	(8) ANNUAL FINANCIAL IMPACT \$206,530.00	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. ___) <input type="checkbox"/> Board Business (Time Est. ___)			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) N/A		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A <input type="checkbox"/> 4/5 Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A Date: <u>01-27-2015</u>	
(17) ADMINISTRATIVE OFFICE REVIEW Leslie Brown			
(18) SUPERVISOR DISTRICT(S) All Districts			

County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director
Anne Robin, Behavioral Health Administrator

DATE: 01/12/2016

SUBJECT: Request to approve calendar year 2016 renewal contracts with Rose Drago, M.D., David K. Fennell, M.D.; and Victor Perez Preciado, M.D. in the cumulative amount not to exceed \$206,530 to provide psychiatric services for Mental Health patients. All Districts.

RECOMMENDATION

It is recommended that the Board approve the calendar year 2016 renewal contracts with Rose Drago, M.D., David K. Fennell, M.D.; and Victor Perez Preciado, M.D. in the cumulative amount not to exceed \$206,530 to provide psychiatric services for Mental Health patients.

DISCUSSION

Behavioral Health Services has a need for psychiatrists on a part-time contract basis for psychiatric services at the Jail, Youth Services, the Psychiatric Health Facility (PHF), and to back-fill for staff psychiatrist vacancies in the various outpatient mental health clinics. Their services are necessary to ensure mandated coverage at multiple sites throughout the County. Coverage is only required on a part-time basis and at various sites, which makes the use of contract psychiatrists the most effective method of providing these services. Psychiatrists diagnose client's mental condition, issue and renew prescriptions, monitor medication effectiveness, and evaluate client progress. Psychiatrists are the only staff authorized to perform these medication services.

Contract psychiatrists are utilized as long-term options to fill in for part-time assignments (on-call or weekend shifts) which are not covered by full time employees and cannot be covered by locum tenens. These psychiatrists commit to a year at a time to fill in on-call and weekend shifts as needed, whereas locum tenens are short-term options to fill in for full-time (Monday through Friday, 8:00 a.m. to 5:00 p.m.) shifts for employees who may be on leave or cover gaps between hiring employees. Contract psychiatrists also specialize in specific facilities or disciplines such as jail psychiatrist or conservatorship hearings in which locum tenens psychiatrists do not participate.

The availability of a "pool" of contract psychiatrists for part-time assignments allows the flexibility needed to provide mandated services, but puts it under no obligation to utilize these services when there is otherwise sufficient staffing. Contract psychiatrists have proven to be an essential component in the Department's staffing plan for many years.

OTHER AGENCY INVOLVEMENT/IMPACT

County Counsel has reviewed and approved the contracts as to form and legal effect.

FINANCIAL CONSIDERATIONS

The rate of pay for the Psychiatrist contracts is \$110.00 per hour for regular shift hours. The differential rate for on-call shifts will remain at \$169.33 per shift, however, the differential rate for call-back hours will increase from \$103.30 to \$110.00 (6.1%) per hour. The rate for call-back hours has remained the same for many years and is being increased to match the rate for regular shift hours and to appropriately compensate for when a psychiatrist must return to a site, after a regular shift has been completed and the psychiatrist has left for the day, to see a client.

The FY 2015-16 budget for Behavioral Health includes a cumulative amount of \$206,530 in contract psychiatrist and physician services. During FY 2014-15 one of the psychiatrists who primarily provided services in the PHF was converted

to a 0.5 FTE, therefore the hours for the PHF Psychiatrist were reduced accordingly and the hours included in the budget for permanent regular hours. The chart below shows the details of this budgeted amount for 2015-16 as well as actual costs from 2014-15:

Budgeted Contract Psychiatrist Costs FY 2015-16			
Location	2014-15 Actual Cost	2015-16 Approximate Annual Units/Hours	2015-16 Annual Budgeted Cost
Jail Psychiatrist	\$ 53,021	419	\$ 55,223
PHF Psychiatrist	\$ 114,923	0	\$ 0
Youth Services Psychiatrist	\$ 99,503	759	\$ 100,088
SLO Clinic Psych On-Call	\$ 34,205	264 shifts @ \$194/shift	\$ 51,219
Total	\$ 301,652		\$ 206,530

Independent Contracted Psychiatrists are scheduled to provide services at the above listed locations. On occasion, and if the psychiatrist's scheduled allows, contract psychiatrists may temporarily fill in for vacant positions when locum tenens psychiatrists are not available. Once again, contract psychiatrists filled in more often than anticipated for the PHF, Jail, SLO Clinic, and Youth Services during FY 2014-15 due to a shortage of qualified locum tenen psychiatrists.

RESULTS

Psychiatric services are an integral part of Behavioral Health Services, and a critical component to the overall effort to provide quality client care. Psychiatrists are licensed and trained to prescribe the medications needed by mental health clients to help control mental health symptoms. The PHF has implemented an electronic health records system and data regarding services provided is now available for an entire fiscal year. The Jail is still working toward implementing an electronic health records system, and once that system is installed, more detailed data regarding jail psychiatric services will be available.

Jail - Acute clients in the Jail are seen by a contract employee psychiatrist within approximately five to seven days while sub-acute clients are seen within 21 days of incarceration. During FY 2014-15, a total of 7,604 requests for service were made by Jail inmates. Of these 7,604 requests for service, 2,976 unique individuals were provided with medication support (or approximately 248 per month) in the Jail, accounting for the majority of the 415 hours spent at the Jail by contract employee psychiatrists. Only 27 incarcerated individuals experienced symptoms warranting PHF admission during the year.

Youth Services - Youth Services clients were provided a total of 693 hours of service by contract employee psychiatrists across 681 youth clients during 2014-15. Assessments of youth accounted for 82 hours of psychiatrist time to 70 clients while medication support was provided to 611 clients which accounted for 307 hours of psychiatrist time. Wait times for Youth Services clients to see a psychiatrist average 8.7 days thus far for FY 2015-16, compared to 12.2 days in FY 2014-15 and 22.8 days in FY 2013-14.

PHF and Outpatient Clinics (On-Call) - Clients in the PHF are seen by a psychiatrist within 24 hours of admission. Wait times for outpatient clients to see a psychiatrist this far in FY 2015-16 is averaging 11.4 days, compared to 12.2 days in FY 2014-15. During FY 2014-15, the contract employee psychiatrists covering the outpatient clinic on-call shifts and PHF spent 825 hours and 80 on-call shifts of time providing services such as assessments and medication support to 972 unique clients (approximately 81 per month), with the majority of the services being related to medication support. These psychiatrists also specialize in conservatorship assessments and hearings. During the first quarter of FY 2015-16, psychiatrists are seeing approximately 83 clients per month.

Without these services, Behavioral Health could not meet State mandates for medication support services nor properly prescribe and monitor medications. Contracting with a pool of part-time psychiatrists contributes to the County meeting legal staffing requirements 100% of the time. Providing psychiatrist coverage throughout the County contributes to proper medication management and oversight of client treatment. Providing the most appropriate services to the clients increases the probability of positive treatment outcomes. Furthermore, positive treatment outcomes contribute to the wider County vision of a healthy and safe community.

ATTACHMENTS

1. Dr. Drago contract 2016
2. Dr. Fennell contract 2016
3. Dr. Perez contract 2016