

San Luis Obispo County Mental Health Services Act Programs

Component	Program Name	Program Description
Community Services and Supports (CSS)	Children and Youth Full Service Partnership (FSP)	The Children and Youth Full Service Partnership program serves children and youth ages 0-15 with severe emotional disturbance or serious mental illnesses. Behavioral Health partners with Community Action Partnership of San Luis Obispo and Family Care Network to provide a wide array of culturally and linguistically appropriate services. All services are family driven and may include: individual and family therapy; rehabilitation services focusing on activities for daily living, social skill development, case management; crisis services; and medication supports.
CSS	Transitional Aged Youth Full Service Partnership	The Transitional Age Youth Full Service Partnership program serves youth between the ages of 16-25. Young adults served include those with serious emotional disturbances/serious mental illness and a chronic history of psychiatric hospitalizations; law enforcement involvement; co-occurring disorders. Behavioral Health and Family Care Network collaborate to provide wrap-like services and includes 24/7 crisis availability, intensive case management, housing, employment linkages and supports, independent living skill development and specialized services for those with a co-occurring disorder.
CSS	Adult Full Service Partnership	The Adult Full Service Partnership team is a community and wellness approach to engage persons at risk and targets adults 26-59 years of age with serious mental illness. The participants are usually unserved, inappropriately served or underserved and are at risk of institutional care because their needs are difficult to meet using traditional methods. They may be frequent users of hospital or emergency room services, involved with the justice system or suffering with a co-occurring substance abuse disorder. Behavioral Health partners with Transitions Mental Health Association (TMHA) to provide a full range of services including assessment, individualized treatment planning, case management, integrated co-occurring treatment, medication supports, housing, and integrated vocational services to enable individuals to remain in the community, and live full, productive, self-directed lives.

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CSS	Adult Full Service Partnership for the Homeless	The team focuses on outreach to unserved, difficult-to-reach homeless population, and seeks to engage clients in health care, mental health treatment, and housing. Program participants are assisted in their efforts to gain the skills needed to make choices that reflect their own values, preferences, and goals; supports are developed to meet each person's needs and to empower each individual to attain their highest level of independence.
CSS	Older Adult Full Service Partnership	The goal of the Older Adult Full Service Partnership team is to offer intensive, individualized interventions to older adults age 60+ to ensure that participants remain in the least restrictive setting possible. Behavioral Health partners with TMHA to provide client driven services to Older Adults who are at risk of inappropriate or premature out-of-home placement due to a serious mental illness and, in many instances, co-occurring medical conditions that impact their ability to remain in home/community environments
CSS	Housing	Studios were constructed and continue to be administered by TMHA. <ul style="list-style-type: none"> • Nelson Street: These five studio units are located in South San Luis Obispo County adjacent to a peer-lead wellness center. The studio apartments provide stable and affordable housing with supports to assist low and very low income clients in promoting whole life wellness. Crisis services are available as needed. • Nipomo Street: This MHSA housing project provides 8 units to serve adults who are homeless or at risk of homelessness and have a diagnosis of severe mental illness, consistent with the CSS Plan and the MHSA definition of target population. Those with co-occurring disorders are also considered for residency in a unit.
CSS	Client and Family Wellness Supports	Conducted in partnership with TMHA, Client and Family Wellness and Supports provide an array of services designed to facilitate and support wellness, recovery, and resiliency. <ul style="list-style-type: none"> • Supportive Employment and Vocational Training: TMHA partners with Department

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CSS	Client and Family Wellness and Supports	<p>of Rehabilitation to provide employment readiness classes, on the job training, and job placement.</p> <ul style="list-style-type: none"> • Client and Family Run Support: TMHA provide peer mentoring, peer and family educational and support groups focused on wellness, recovery and resilience. Peer to Peer and Family to Family education courses are delivered throughout the County. • Wellness Centers: Peer driven wellness centers offer support groups, socialization activities and sponsored educational activities in comfortable, welcoming settings throughout the county. • Client and Family Partners: Individuals with lived experience act as advocates to provide navigation for various systems and day-to-day, hands on assistance and recovery services and supports. Services include assistance with individual and family needs such as health care, food, short-term housing, transportation, and education. • Growing Grounds Retail: TMHA provides vocational training, support and direct work experience in their retail outlet store. The program offers job coaching, assessment, vocational support and work experience. • Integrated Access Therapists and Co-Occurring Specialists: Located in every adult outpatient clinic, integrated access therapists and co-occurring specialists facilitate a “no wrong door” approach and ensure that every participant receives appropriate services regardless of how they enter the system.
CSS	Latino Outreach and Engagement (Therapy Services)	Bilingual and bicultural therapists to provide culturally appropriate treatment services offered in both community and clinic settings. The target population is the unserved and underserved Latino community, particularly those in identified pockets of poverty in the north and south county areas and rural residents.

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CSS	Community School Mental Health Services	Behavioral Health and the San Luis Obispo County Office of Education have partnered with the community schools in the county to provide mental health services to seriously emotionally disturbed youth, engaging these youth and their families in services that enable them to stay in school.
CSS	Enhanced Crisis and Aftercare	The Enhanced Crisis Response and Aftercare work plan features the Mobile Crisis team, and a new clinic-based crisis team in 2014-2015, to increase the county's capacity to meet the needs of individuals requiring specialized, critical intervention and aftercare. The goal and objectives of the work plan include the aim to increase access to emergency care, prevent further exacerbation of mental illness, and be available to all county residents, across all age, ethnic and language groups. A key to this work plan is the coordinated efforts which have been built between emergency rooms, law enforcement, jails, the local Hotline, and inpatient psychiatric health facility.
CSS	Forensic Mental Health Services	<ul style="list-style-type: none"> • Behavioral Health Treatment Court (BHTC): The BHTC team serves adults, ages 18 and older, with a serious and persistent mental illness, who are on formal probation for a minimum of two years, and who have had chronic use of mental health treatment observed as a factor in their legal difficulties. BHTC clients volunteer for the program forming a contractual agreement as part of their probation orders. These individuals have been previously underserved or inappropriately served because of lack of effective identification by all systems, may be newly diagnosed, or may have been missed upon discharge from jail or Atascadero State Hospital. • Forensic Re-entry Services: A Forensic Re-entry Services (FRS) team, comprised of County Mental Health Therapist and a community-provided Personal Services Specialist (PSS) provides a "reach-in" strategy in the County Jail, adding capacity for providing aftercare needs for persons exiting from incarceration. The Forensic PSS is provided in partnership with TMHA, and is responsible for providing a "bridge" for individuals leaving the jail in the form of assessment and referral to all

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CSS	Forensic Mental Health Services	<p>appropriate health and community services and supports in addition to short-term case management during this transition.</p> <ul style="list-style-type: none"> • Veterans Program: Behavioral Health has a Mental Health Therapist located in the Veterans Services Office in order to serve veterans referred directly from the VSO and those participating in the Veterans Treatment Court. The placement of the Therapist on-site at the VSO provides a culturally competent environment for veterans and their families to seek support and engage in behavioral health services.
Workforce Education and Training (WET)	Peer Advisory and Advocacy Team	The Peer Advisory and Advocacy Team (PAAT) is a consumer advisory council which provides formalized collaboration between members of PAAT, clients, family members, and SLOBHD staff members. PAAT hosts public forums to engage the community around issues of wellness, recovery, and stigma reduction.
WET	E-Learning	The Essential Learning program provides electronic access to employees, contracted employees and volunteers to the Behavioral Health library of curricula. E-Learning helps providers meet training and licensing requirements and to ensure our workforce's ability to provide quality services to the community.
WET	Cultural Competence	The Cultural Competence Committee meets regularly to monitor the training, policies, and procedures of the public mental health system and their relative enhancements of cultural competence in serving consumers and families. The primary objective of the group is to coordinate training to improve engagement with underserved populations.
WET	Bi-Lingual Internships	This workplace training program is designed to build capacity for threshold language services within Behavioral Health. Bilingual interns are placed regionally throughout the county.
WET	Stipends & Scholarship Program	Behavioral Health provides stipends and scholarships for those individual studying to become providers in hard to fill and retain positions.

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Prevention and Early Intervention (PEI)	Mental Health Awareness and Stigma Reduction	This universal and selective prevention project for all ages includes media, social marketing strategies, and targeted outreach to underserved cultural populations. Transitions Mental Health Association (TMHA) provides stigma reduction presentations to underserved and at-risk populations such as college students, LGBTQ, homeless, and veterans.
PEI	School-based Wellness	<p>This program is a multi-age approach to building resilience among school aged youth and families. This program responds to the universal population of children and youth as well as youth exhibiting risk factors for mental illness by utilizing the following projects:</p> <ul style="list-style-type: none"> • The Positive Development Project: CAP-SLO provides facilitation and training of life skills curriculum and behavior assessment tools for private daycares and preschools throughout the county. Services and materials are bilingual and bicultural. Child care providers and families also receive education and training regarding mental health issues, and may obtain early recognition and referral to appropriate services. • Middle School Comprehensive Project: This project is an integrated collaboration between schools, Behavioral Health staff, and community based organization, The Link. Six middle schools operate a Student Assistance Program on campus which includes: a Student Support Counselor, Family Advocates, and Club Live Youth Development programming. The Youth Development program provides mental health awareness and education opportunities for all middle schools. Students receive individual and group counseling, and wellness education. Family Advocates provide case management and system navigation and supports. Faculty, staff, and parents receive education, training and supports surrounding mental health issues. Youth Development staff work to reduce risk factors and increase protective factors for all students with activities such as: suicide prevention, No Place for Hate, anti-bullying campaigns, and substance use prevention.

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PEI	Family Education and Support	San Luis Obispo Child Abuse Prevention Council provides coordination and provision of bilingual and bicultural parenting classes and resources for all at-risk parents, selective prevention education for parents of high-risk youth, and “on demand” coaching for parents facing specific challenges.
PEI	Early Care and Support for Underserved Populations	<p>A multi-focus effort to address the needs of two distinct underserved populations:</p> <ul style="list-style-type: none"> • Successful Launch Project: Cuesta College models this program after the Independent Living Program to include graduating community school youth, Wards of the Court, homeless, and other high risk TAY. The emphasis of this program is to provide TAY development opportunities and support to ensure that as participants enter adulthood, they are stable, have housing, and momentum for school or work • Older Adult Mental Health Initiative: Wilshire Community Services provides multi-level services for seniors at risk for mental illness. Services include, Caring Callers for isolated older adults, clinically supervised Senior Peer Counseling, and short term, solution focused therapy. Wilshire also conducts depression screenings and provides older adult specific mental health education throughout the county.
PEI	Integrated Community Wellness	<p>This countywide program maximizes the opportunity for a large number of diverse individuals to access services in community based non-clinic settings.</p> <ul style="list-style-type: none"> • Community Based Therapeutic Services: Community Counseling Center and Behavioral Health provide no cost, brief, low-intensity group and individual counseling to underserved populations, who are uninsured or underinsured. Services are provided in non-clinic settings throughout the county and appointments are available in the evenings and on weekends. In addition to promoting resilience and recovery, this program aims to reduce prolonged suffering and identify early signs of severe mental illness in addition to promote resilience. • Wellness Advocates: Transitions Mental Health Association provides advocates to

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PEI	Integrated Community Wellness	link people referred from PEI projects in need of social supports and basic needs. Wellness Advocates focus on minimizing stress, supporting resilience, and increasing individuals' self-efficacy.
Innovation (INN)	System Empowerment for Consumers, Families, and Providers	This project includes a trust building retreat designed to engage providers, consumers and family members in building literacy amongst their respective needs and issues, and develops core training for all participants within the public mental health system.
INN	Atascadero Student Wellness Career Project	In partnership with Atascadero Unified School District to test a peer counseling model with a public health emphasis focused on reducing stigma and increasing exposure to behavioral health education and careers.
INN	Wellness Arts 101	Cuesta College provides a for-credit college course designed for students with mental illness to develop art and whole wellness skills while meeting in a safe environment and building academic capacity.
INN	Warm Reception and Family Guidance	Customer service meets mental health clinics the in this adaptation of the Stanford Cancer Center's patient, family and caregiver program and examines new customer service practices to improve engagement and outcomes.
INN	Operation Coastal Care	Utilizing the popularity of local outdoor activities, a therapist is embedded in non-military or clinic settings with the goal of determining how best to treat returning soldiers and their families.
Capital Facilities and Technology Needs (CFTN)	The Behavioral Health Electronic Health Record (BHEHR)	A comprehensive integrated behavioral health system that will modernize and transform clinical and administrative information systems through a Behavioral Health Electronic Health Record (BHEHR) System allowing for a 'secure, real-time, point-of-care, client-centric information resource for service providers' and the exchange of client information according to a standards-based model of interoperability.