

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 10/7/2014	(3) CONTACT/PHONE Cindy Collins, ASM, 788-2932; Amy Olson, ASO II, 781-4729	
(4) SUBJECT Request to approve FY 2014-15 renewal contracts with San Luis Coastal Unified School District and Atascadero Unified School District in the cumulative amount not to exceed \$100,666 to provide drug and alcohol prevention counseling services. Districts 2, 3 and 5.			
(5) RECOMMENDED ACTION It is recommended that the Board approve and direct Chairperson to sign FY 2014-15 renewal contracts with San Luis Coastal Unified School District (SLCUSD) and Atascadero Unified School District (AUSD) in the cumulative amount not to exceed \$100,666 to provide drug and alcohol prevention counseling services.			
(6) FUNDING SOURCE(S) SLCUSD, AUSD, Drug Medi-Cal	(7) CURRENT YEAR FINANCIAL IMPACT \$100,666.00	(8) ANNUAL FINANCIAL IMPACT \$100,666.00	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. ___) <input type="checkbox"/> Board Business (Time Est. ___)			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) N/A		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A <input type="checkbox"/> 4/5 Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A Date: <u>7-19-13</u>	
(17) ADMINISTRATIVE OFFICE REVIEW Reviewed by Leslie Brown			
(18) SUPERVISOR DISTRICT(S) District 2 District 3 District 5			

County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director
Anne Robin, LMFT, Behavioral Health Administrator

DATE: 10/7/2014

SUBJECT: Request to approve FY 2014-15 renewal contracts with San Luis Coastal Unified School District and Atascadero Unified School District in the cumulative amount not to exceed \$100,666 to provide drug and alcohol prevention counseling services. Districts 2, 3 and 5.

RECOMMENDATION

It is recommended that the Board approve and direct Chairperson to sign FY 2014-15 renewal contracts with San Luis Coastal Unified School District (SLCUSD) and Atascadero Unified School District (AUSD) in the cumulative amount not to exceed \$100,666 to provide drug and alcohol prevention counseling services.

DISCUSSION

For over twenty years, Drug and Alcohol Services (DAS) has secured contracts with school districts in the county to provide drug and alcohol prevention and intervention school site counseling services. These school site contracts have included providing student support, drug and alcohol prevention and intervention counseling, and prevention activity development at various elementary (K-6), middle and high schools. In addition to the prevention and intervention counseling services, a treatment component has been added for FY 2014-15. These new treatment services added to the SLCUSD and AUSD contracts for FY 2014-15 include Drug Medi-Cal services which will be provided in schools.

Under these contracts, DAS school site Specialists will work directly with at-risk youth in the schools conducting risk evaluations, individual and group prevention counseling, and will also act as on-campus liaisons with school staff for issues involving student substance abuse. DAS school site Specialists will also now be able to refer students who are in need of more intensive and/or treatment services to the new on-campus Drug Medi-Cal programs. The Drug Medi-Cal programs consist of outpatient drug-free treatment services offered to students and their families which include assessment, treatment plan development, collateral services, group and individual counseling, discharge planning, medication evaluation, medication education and training, and crisis intervention services. However, students may also be referred by DAS school site Specialists for additional services at one of the DAS clinics located in San Luis Obispo county as necessary. The continuum of services is further enhanced when DAS school site Specialists refer students to the Friday Night Live program in their school and/or to Prevention and Early Intervention (PEI) Program counselors.

OTHER AGENCY INVOLVEMENT/IMPACT

County Counsel has approved these contracts as to form and legal effect.

FINANCIAL CONSIDERATIONS

The FY 2014-15 renewal contract for SLCUSD amounts to \$62,866 and the contract for AUSD amounts to \$37,800 for a cumulative total of \$100,666. The FY 2014-15 Approved Budget includes the costs associated with providing prevention and intervention counseling and Drug Medi-Cal services to students within these school districts. When these services are provided, reimbursements requests are submitted to the appropriate payor sources including the school district and/or Drug Medi-Cal. Typically, contract negotiations do not begin until early summer, when school districts are confident about funding, and are historically not finalized until late summer or early fall.

As illustrated in the table below, SLCUSD and AUSD will be offering traditional student support counseling (SSC) as well as Drug Medi-Cal services.

District	FY 2014-15 Budgeted Amount	FY 2014-15 Contract Amount	FTE	Fully Offset By District Contract?
SLCUSD	\$62,866	\$62,866	.85 FTE	Yes – District and Medi-Cal Reimbursements
AUSD	\$37,800	\$37,800	.39 FTE	Yes – District and Medi-Cal Reimbursements
Total	\$100,666	\$100,666	1.24 FTE	

RESULTS

Each contract stipulates the number of hours each district will provide SSC and Drug Medi-Cal services for FY 2014-15. SLCUSD will provide up to 1,768 hours of SSC and Drug Medi-Cal services at four schools; AUSD will provide up to 1,080 hours of SSC and Drug Medi-Cal at one school within the district. The prevention and intervention counseling portion of the contracts do not include, nor do the other prevention and intervention counseling contracts previously approved include, measurable outcomes. The lack of measureable outcomes for the prevention and intervention counseling portion of each contract is due to the nature of the preventative/intervening type of services provided, this client type and their ever changing environment. Behavioral Health staff and the school district will be assessing appropriate performance measures during the year to determine if more meaningful data can be collected and reported in the future, as well as which measureable outcomes to include in future contracts for both prevention/intervention services and Drug Medi-Cal services provided.

School based prevention and intervention counseling services differ from district to district and school to school. The outcome measures provided below are typical of the measures used in each district. The results provided are based on services provided to approximately 657 students across all districts in which prevention/intervention services were provided. Since the Drug Medi-Cal services are new for FY 14-15, there are no results to report.

Based on the pre- and post- referral surveys completed by participating students, many positive results were achieved during the 2013-14 school year across all districts receiving preventative and intervening SSC. A few distinct examples include:

- Participating Students earning mostly A's and B's on report cards increased about 50% while those earning D's and F's decreased 18%;
- 10% of participating students reported improved communication and relationships with parents;
- 34% of participating students reported improved ability to cope with stress, depression and anxiety better;
- Regular use of alcohol decreased by 23% while abstinence of marijuana use increased 7% and abstinence of alcohol use increased by 36% for participating students;
- The number of times a student reported self-harm decreased 17%;
- School attendance for participating students increased across the board while 11% of participants achieved zero absences.

During the FY 2013-14 program year, 97% (target 97%) of students participating in DAS school site counseling showed a reduction in risk factors (low levels of parent/youth communication, truant behavior, problem peer group) and an increase in protective factors (improved academic achievement, classroom behavior, playground/social behavior and attendance), as measured by pre-and-post referral surveys administered by school and/or DAS personnel. The target for FY 2014-15 remains at 97%.

Research by Hawkins/Catalano, Substance Abuse and Mental Health Services Administration (SAMHSA) and the National Institute on Drug Abuse demonstrates that decreases in standardized risk factors or increases in standardized protective factors results in reduced substance abuse. Protective factors appear to buffer exposure to risk factors. Core to all of DAS's school based interventions is the goal of strengthening or increasing protective factors while striving to reduce risk factors. The Drug and Alcohol Services Division of the Behavioral Health Department seeks to provide students the appropriate services by matching counseling services and/or treatment services to students' needs. The above mentioned contracts provide the necessary resources to assure that the appropriate services are available for students in need of counseling and/or treatment services. Providing the most appropriate services to these clients increases the probability of positive treatment outcomes. Furthermore, positive treatment outcomes contribute to the wider County vision of a healthy and safe community.

ATTACHMENTS

1. SLCUSD FY 14-15 Prevention & Drug Medi-Cal Contract Renewal
2. AUSD FY14-15 Prevention & Drug Medi-Cal Contract Renewal