

PART ONE:

ATTACHMENT A -- GOALS

SAN LUIS OBISPO COUNTY COMMISSION ON AGING

2013 – 2014 (July thru June) GOALS

Actions taken to continue fulfilling our long term Goals.

<p>GOAL #1 Continue to collect information from Seniors about their concerns and their solutions.</p>	<p>GOAL #1 Continue to collect information from Seniors about their concerns and their solutions.</p>
<p style="text-align: center;">ACTION</p>	<p style="text-align: center;">ACTION</p>
<p><u>Senior Center Collaboration:</u> <u>Liaisons:</u> Zarycka –Paso; York -- Morro Bay, Cayucos; Mishoulam – Nipomo; Shower – Central Coast (Oceano); Bellefontaine--SLO <u>Senior Center Panel</u> (May 16, 2014 COA meeting) Directors from Nipomo, Cayucos, SLO, Paso & Central Coast (Oceano)</p> <p><u>Collaboration with other Agencies:</u> <u>Adult Services Policy Council:</u> Meetings attended by COA Chair or alternate when possible. <u>SLO County Commission on the Status of Women</u> (SLOCSW) <u>Senior Volunteer Services</u> (RSVP) <u>Alzheimers Association:</u> Caregiver Resource Fair</p> <p><u>Outreach to Community:</u> Electronic publicizing:</p> <ul style="list-style-type: none"> • KCBX Event Keeper Calendar • County Libraries • County Senior Centers • COA Website <p>Available for public through:</p> <ul style="list-style-type: none"> • Website • Rack Card • 211 referral 	<p><u>Speaker Bureau Presentations to community:</u></p> <ul style="list-style-type: none"> ➤ Working Together for a Hearing Friendly Community ➤ SLOCOA & SLO Commission on Status of Women: What do we have in common ➤ Healthy Aging; Advanced Directives & Polst ➤ Preventing Fraud, Identity Theft ➤ Emotional Support for Seniors ➤ Affordable Care Act ➤ Resources for Senior Citizens <p><u>Commissioners gather info from other County venues:</u></p> <ul style="list-style-type: none"> ➤ AAA Listening Sessions Jan 2014 ➤ SLOCOG Unmet Transit Needs. Feb 2014 ➤ Wilshire Community Services (Mental Health) May 2014 ➤ Housing Trust Fund Forum, May 2014
<p>GOAL #2 Continue to provide relevant and timely information to the Board of Supervisors</p>	<p>GOAL #2 Continue to provide relevant and timely information to the Board of Supervisors</p>
<p style="text-align: center;">ACTION</p>	<p style="text-align: center;">ACTION</p>
<p><u>2013-14 Annual Report presented to BOS:</u> July 16, 2013</p> <p><u>Invitations to Supervisors to attend COA meetings.</u> 2013 Christmas note (Photograph by Dennis Eamon Young, Nov 2012).</p> <p><u>Attendance at SLOCOA by Legislative Assistants.</u> Always appreciated.</p>	<p><u>Visits with Supervisors:</u> Gibson & York July 2013 Meecham & Zarycka Aug 2013 Ray & Mishoulam Nov 2013 Hill & Shower Feb 2014</p> <p><u>Chair attendance at BOS meetings for advocacy:</u> Mesa Dunes Mobile Home Park</p>

Projected GOALS AND PLAN OF ACTION for 2014-15

COA GOALS	PLAN/ACTION
<p>1) Continue to collect information from Seniors about issues of concern to Older Adults and their solutions</p>	<p>PLAN: Collect information about Senior concerns through direct contact ACTION:</p> <ul style="list-style-type: none"> ◆ Speaker Bureau venues where members discuss purpose of COA at community group meetings and request input on senior concerns. ◆ Members share issues at Commission meetings derived from <u>direct contact</u> with peers. ◆ COA Supervisor Reps & members coordinate efforts to become more acquainted with Senior Center directors and their needs.
	<p>PLAN: Seek information already gathered by others ACTION:</p> <ul style="list-style-type: none"> ◆ Create ad-hoc committee to review and incorporate Survey results collected by other agencies in the Community in advance of April, 2015 meeting.
	<p>PLAN: Increase & maintain COA visibility. ACTION:</p> <ul style="list-style-type: none"> ◆ Increase distribution of Rack Cards. ◆ Continue to publicize COA as platform for Senior input through electronic and print media and at Board of Supervisor meetings. ◆ Advertise meeting on the KCBX on-line Event calendar ◆ Revisit Hearing Advocacy outreach
<p>2) Continue to provide relevant and timely information to Board of Supervisors (BOS) and the Public</p>	<p>PLAN: Define best practices for communication with BOS ACTION:</p> <ul style="list-style-type: none"> ◆ District Representatives will continue to find unique ways to give input to BOS in order to pinpoint priority issues and/or solutions that COA discovers through Outreach. ◆ Commissioners will demonstrate support on current or pending legislation intended to improve quality of life for Seniors. ◆ District Reps communicate with their Supervisor prior to COA advocating at a Board Meeting.

PART ONE:**ATTACHMENT A -- GOALS****COMMISSION ON AGING PLANNING TIME 2014-2015**

Votes from members' Ranking sheets are totaled and indicate how much focus

COA should place in learning about the Senior issues listed below, during the following fiscal year.

Priority THEMES	Topics to Focus on	Ranking Order	Top 5
Housing	Continue investigating current Affordable Senior housing	71	1
Housing	Accessibility Features Needed in current & future housing	69	2
Mental & Physical Health	Caregiver needs—available in the County such as Respite & Adult Day Care	66	3
Affordability	Care Management— Can it be more affordable?	64	4
Mental & Physical Health	Future of Senior Centers to counteract isolation	62	5
Safety	Planning for end of life choices	54	
Mental & Physical Health	Senior Fitness— Encouraging Wellness	52	
Safety	Senior Evictions	51	
Mental & Physical Health	Suicide in Seniors— Reasons & Treatment	50	
Safety	County Emergency Planning	43	

COA presentations 2014-15 will be primarily based on the top 5 ranked topics but the other topics can also be considered.

Based on Member Ranking Results @ 5-16-2014 by 15 COA members and one alternate.
Current membership is comprised of 15 (of 17) full members; 2 alternates