

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS  
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 11/5/2013	(3) CONTACT/PHONE Cindy Collins, ASM, 788-2932 Amy Olson, ASO II, 781-4729	
(4) SUBJECT Request to approve a contract with Front St., Inc. for FY 2013-14 in the amount not to exceed \$61,320 to provide residential board and care and social support services to adults with serious mental illness.			
(5) RECOMMENDED ACTION It is recommended that the Board approve and direct the Chairperson to sign a contract with Front St., Inc. for FY 2013-14 in the amount not to exceed \$61,320 to provide residential board and care and social support services to adults with serious mental illness.			
(6) FUNDING SOURCE(S) Medi-Cal, Realignment	(7) CURRENT YEAR FINANCIAL IMPACT \$61,320.00	(8) ANNUAL FINANCIAL IMPACT \$61,320.00	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. ___) <input type="checkbox"/> Board Business (Time Est. ___)			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) 19001350		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A <input type="checkbox"/> 4/5th's Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input checked="" type="checkbox"/> N/A    Date: _____	
(17) ADMINISTRATIVE OFFICE REVIEW			
(18) SUPERVISOR DISTRICT(S) All Districts -			

# County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director

DATE: 11/5/2013

SUBJECT: Request to approve a contract with Front St., Inc. for FY 2013-14 in the amount not to exceed \$61,320 to provide residential board and care and social support services to adults with serious mental illness.

## **RECOMMENDATION**

It is recommended that the Board approve and direct the Chairperson to sign a contract with Front St., Inc. for FY 2013-14 in the amount not to exceed \$61,320 to provide residential board and care and social support services to adults with serious mental illness.

## **DISCUSSION**

Front St. operates two board and care facilities that provide residential and social support services to adults with serious mental illness. One facility, Drake House Residential, is located in Monterey and caters to an older demographic; the other facility, Opal Cliff Residential Center, is located in Capitola and caters to a younger demographic. Each home provides a higher level of support services than those provided at American Care Home I, the board and care facility located in our county, and yet provides a residential step-down from an Institution for Mental Disease (IMD). Augmented residential programs, like those offered at these homes, provide an alternative for clients ready to transition to a lower level of care than that provided at an Institution for Mental Disease (IMD), but not yet ready for more independent living situations.

These homes provide a highly structured environment, extensive socialization programs, and onsite psychiatrist coverage. Front St. facilities offer higher intensity level programs geared toward the special needs of the newly transferred IMD clients, presenting with more acute symptoms than can be treated by a traditional Board and Care facility. Currently, Behavioral Health has one client placed at Drake House; this client requires specialized services that cannot be met by existing contracted facilities. This client has been placed at the facility using an interim purchase order which will be replaced once the contract is approved. As clients demonstrate stability in this setting, the County residential case manager evaluates transferring clients to more independent living arrangement within San Luis Obispo County, or stepping down services as appropriate.

The Behavioral Health Department makes great efforts to choose residential provider services that most appropriately meet the current diagnosis and treatment needs of the individual client. Although the Department uses these objectives to track performance, Behavioral Health realizes that fluctuations in a client's behavioral health condition and/or response to medications do occur, and that movement of clients to higher level placement will be appropriate in some cases and that this does not necessarily reflect any negative performance on the part of the service provider.

## **OTHER AGENCY INVOLVEMENT/IMPACT**

County Counsel has reviewed and approved the contract as to form and legal effect.

## **FINANCIAL CONSIDERATIONS**

The FY 2013-14 Behavioral Health Department's approved budget includes \$729,051 for IMD facilities and \$2,205,669 for Board & Care facilities for a total of \$2,934,720 for adult residential facilities. The daily rates for Drake House and Opal Cliff are \$112 and \$106, respectively. In comparison, the average rate for an IMD facility is about \$200 per day, or an average of \$91 more per day than one of the Front St. facilities. The IMD budget assumed a total of 10 clients, however

the current census is only 6 as of September 30, 2013 and it is anticipated that the census will hover around 6-7 clients for the remainder of the fiscal year. While the department did not specifically include Front St., Inc. in the FY 2013-14 budget with other Board and Care facilities, anticipated savings in IMDs will offset the additional cost of \$61,320 related to this new contract. Additionally, the majority of clients who will be treated at one of the Front St. facilities would be stepping down from a higher level of care, such as an IMD, the potential additional savings over one year would be approximately \$33,215 per client.

Although the number of clients residing in facilities fluctuates from year to year, Behavioral Health recognizes that it remains difficult to predict the combination of services or facility that will most appropriately meet clients' treatment needs.

### **RESULTS**

Front St., Inc. assists the Behavioral Health Department's performance objectives by helping clients be as functional and productive as possible in the least restrictive and least costly environments. These individuals are afforded the opportunity to be successful in progressing toward a more independent lifestyle and integrate more successfully into the community. Providing the most appropriate services to these clients increases their probability of positive treatment outcomes. Furthermore, positive treatment outcomes contribute to the wider County vision of a healthy and safe community.

### **ATTACHMENTS**

1. Front St., Inc. Contract FY 2013-14