

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 10/8/2013	(3) CONTACT/PHONE Wayne Hansen 781-4282 Cindy Collins 788-2932	
(4) SUBJECT Request to approve a renewal contract with Good Samaritan Shelter, Inc. for FY 2013-14 in an amount not to exceed \$30,000 to provide substance abuse detoxification services to men and women and to provide alcohol and drug-free housing that offers counseling services for pregnant and parenting women and their children.			
(5) RECOMMENDED ACTION It is recommended that the Board approve a renewal contract with Good Samaritan Shelter, Inc. for FY 2013-14 in an amount not to exceed \$30,000 to provide substance abuse detoxification services to men and women and to provide alcohol and drug-free housing that offers counseling services for pregnant and parenting women and their children.			
(6) FUNDING SOURCE(S) n/a	(7) CURRENT YEAR FINANCIAL IMPACT \$30,000.00	(8) ANNUAL FINANCIAL IMPACT \$30,000.00	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. ___) <input type="checkbox"/> Board Business (Time Est. ___)			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) 19001325		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: n/a <input type="checkbox"/> 4/5th's Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input checked="" type="checkbox"/> N/A Date: _____	
(17) ADMINISTRATIVE OFFICE REVIEW Geoff O'Quest, Administrative Analyst			
(18) SUPERVISOR DISTRICT(S) All Districts -			

County of San Luis Obispo



TO: Board of Supervisors
FROM: Jeff Hamm, Health Agency Director
DATE: 10/8/2013
SUBJECT: Request to approve a renewal contract with Good Samaritan Shelter, Inc. for FY 2013-14 in an amount not to exceed \$30,000 to provide substance abuse detoxification services to men and women and to provide alcohol and drug-free housing that offers counseling services for pregnant and parenting women and their children.

RECOMMENDATION

It is recommended that the Board approve a renewal contract with Good Samaritan Shelter, Inc. for FY 2013-14 in an amount not to exceed \$30,000 to provide substance abuse detoxification services to men and women and to provide alcohol and drug-free housing that offers counseling services for pregnant and parenting women and their children.

DISCUSSION

San Luis Obispo County has a need for Substance Abuse Detoxification services for both men and women and for alcohol and drug-free housing that provides counseling and specialized services for pregnant and parenting women and their children. Good Samaritan Shelter, Inc. is a provider of substance abuse detoxification services which also provides licensed alcohol and drug-free housing and transitional living services for women with addictions and their children. The staff at Good Samaritan will provide recovery services to women with drug and alcohol problems and establish an ongoing supportive relationship with them. While County Behavioral Health provides a limited amount of non-residential suboxone-based detoxification services for opiate dependency, the Department also makes referrals to Good Samaritan Shelter for residential detoxification services. Good Samaritan Shelter, Inc. will provide the following services for clients referred from Behavioral Health:

Substance Abuse Detoxification:

The goal of the Good Samaritan Shelter's Detoxification Program is to provide a safe and protected residential environment for clients suffering from withdrawal symptoms who are unable to build a clean and sober foundation on their own. The program strives to initiate sobriety for clients and begin permanent recovery from drug or alcohol abuse while attending individual counseling sessions and continuing to strengthen post detox sobriety through 24 hour staff supervision and support. Clients detox with 24 hour staff supervision, light exercise, nutritional guidance, and on-site detox consultation. Clients are referred to 12-Step Programs which strive to create a desire in the client for sober living through instruction, education, and networking support involving professional counselors as well as 12 Step peers. Behavioral Health anticipates needing a capacity of between one and two slots for detoxification services on a monthly basis.

Residential Drug Free Housing:

Good Samaritan provides residential drug free housing services which includes a Perinatal Transitional Living Center consistent with State and Federal Guidelines for pregnant and parenting women affected by substance abuse and their children ages 0-6. Good Samaritan Shelter, Inc. is licensed and monitored by the State, to provide specialized services consisting of case management, defined in the State perinatal guidelines as participant-centered, goal-oriented process for assessing the needs of each individual for particular services; providing both individual and group counseling and reviewing participant accomplishments, outcomes, and barriers to completing

life management goals. Behavioral Health anticipates needing a capacity of two slots of alcohol and drug-free housing for two women and four children. Due to the unpredictable nature of referrals, San Luis Obispo County may need more or less capacity at any given time. If there is a need for more capacity, this agreement will be amended as needed to increase the maximum amount of funding available.

The objective of Good Samaritan Shelter's Transitional Living Center is to provide residential care with a warm "home" environment. In addition to receiving perinatal day treatment, women staying at the Transitional Living Center get extra support from experienced staff and peers. The objective of the perinatal day treatment program is to deliver drug-free babies and assist in the healing process of women and their children who have been affected by substance abuse. This program is designed for pregnant and parenting women. Services include positive parenting techniques, substance abuse education, recovery issues, family and domestic violence awareness and prevention, self-esteem groups, anger management and co-occurring disorder issues. Other services include parenting techniques, home management, nutrition and health education, economic independence, transportation, child care referrals, clean and sober environment, and 24/7 staffing.

OTHER AGENCY INVOLVEMENT/IMPACT

County Counsel has reviewed the contract as to form and legal effect.

FINANCIAL CONSIDERATIONS

The total cost for this contract is an amount not to exceed \$30,000 which is included in the FY 2013-14 adopted budget. Total amount spent in FY 2012-13 was \$52,461. The contract is funded by the Department of Social Services' residential funding at \$30,000 based on a referral for service. Approval of this item will have no effect on the level of General Fund support required by the Health Agency for FY 2013-14.

RESULTS

Results from the previous year's Purchase Agreement: In FY 2012-13 fifteen clients were referred to Good Samaritan Shelter and 80% remained in the sober living environment for the complete duration of their authorized paid days.

Proposed Outcome Measures for FY 2013-14:

Goal: Detoxification Services

To provide a safe and protected residential environment for clients suffering from withdrawal symptoms who are unable to build a clean and sober foundation on their own.

Measure: 80% of detoxification clients at Good Samaritan Shelter, Inc. will complete their course of treatment and transition to long-term substance abuse treatment as measured by staff report. Fifteen to eighteen detoxification clients are estimated to be referred and served.

Goal: Residential Drug Free Housing

To provide target women with children ages 0 to 6 with the knowledge, skills, and access to health care and support services to support long-term recovery, and to establish a healthy environment for themselves and their children.

Measure: Good Samaritan Shelter, Inc. will demonstrate 80% of women referred will remain in residence for 9 months or more and who demonstrate improvements in treatment outcomes as measured by the Statewide California Outcomes Measurement System (CalOMS). This is important because length of stay is directly correlated to continued long term recovery and maintenance of sobriety.

The contract with Good Samaritan Shelter, Inc. to provide detoxification and alcohol and drug free housing services will help clients become more successful in their treatment requirements. Providing the most appropriate services to the clients increases the probability of positive treatment outcomes. Furthermore, positive treatment outcomes contribute to the wider County vision of a healthy and safe community.

ATTACHMENTS

1. Attachment 1_Good Samaritan Contract FY 2013-14