

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS  
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 8/20/2013	(3) CONTACT/PHONE Darci Hafley 805-788-2156	
(4) SUBJECT Request to approve a renewal contract (Clerk's File) with San Luis Obispo Child Abuse Prevention Council (SLO-CAP) for FY 2013-14 in the amount not to exceed \$99,000 to provide prevention and early intervention behavioral health services to parents and families throughout the county.			
(5) RECOMMENDED ACTION It is recommended that the Board approve and direct Chairperson to sign the renewal contract with San Luis Obispo Child Abuse Prevention Council (SLO-CAP) for FY 2013-14 in the amount not to exceed \$99,000 to provide prevention and early intervention behavioral health services to parents and families throughout the county.			
(6) FUNDING SOURCE(S) Mental Health Services Act	(7) CURRENT YEAR FINANCIAL IMPACT \$99,000.00	(8) ANNUAL FINANCIAL IMPACT \$99,000.00	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. ___) <input type="checkbox"/> Board Business (Time Est. ___)			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) 19001316		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: <input type="checkbox"/> 4/5th's Vote Required <input type="checkbox"/> N/A	
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT?	(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A    Date: ___08/07/2012___	
(17) ADMINISTRATIVE OFFICE REVIEW  Reviewed by Leslie Brown			
(18) SUPERVISOR DISTRICT(S) All Districts -			

# County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director

DATE: 8/20/2013

SUBJECT: Request to approve a renewal contract (Clerk's File) with San Luis Obispo Child Abuse Prevention Council (SLO-CAP) for FY 2013-14 in the amount not to exceed \$99,000 to provide prevention and early intervention behavioral health services to parents and families throughout the county.

## **RECOMMENDATION**

It is recommended that the Board approve and direct Chairperson to sign the renewal contract with San Luis Obispo Child Abuse Prevention Council (SLO-CAP) for FY 2013-14 in the amount not to exceed \$99,000 to provide prevention and early intervention behavioral health services to parents and families throughout the county.

## **DISCUSSION**

The Mental Health Services Act (MHSA) is dedicated to transforming the public mental health system and seeks to reduce the long-term adverse impact from untreated serious mental illness. MHSA funds are divided into five distinct components, and one of the components is Prevention and Early Intervention (PEI).

As required by the MHSA statutes, the local PEI Community planning team is responsible for guiding the planning process, analyzing community input, and selecting projects in accordance with community priorities. During the PEI planning process, it was reiterated that the true key to eliminating many of the risk factors associated with mental illness was to strengthen families through impacting parents.

In April, 2013, the community planning team was presented with the successful results of the first three years of PEI programs, and decided to continue the current PEI programs as status quo. The contract renewal will continue to provide the Family Education Training, and Support project, as part of the Mental Health Services Act Annual Update. This prevention project is a multi-level approach to building the capacity of all parents and other caregivers raising children in San Luis Obispo County. The project improves skills and resiliency in both parents and their children, and all services are provided in both English and Spanish

The contract renewal will continue to provide:

- Outreach, referrals, coordination, and promotion of the various parenting classes and supportive resources throughout the county.
- Coordinated, countywide delivery of Universal and Selective Prevention-focused parent and caregiver education classes. The classes will increase family strengths, enhance protective factors, and reduce behavioral health issues among youth and families.
- Support Line Response System which includes parent coaches to provide individualized family support.
- Community based parenting support and educational groups for at risk families.

The Family Education, Training and Support Project was adopted by your Board July 23, 2013 as part of the Mental Health Services Act Annual Update.

**OTHER AGENCY INVOLVEMENT/IMPACT**

MHSA PEI programs are reviewed by mental health stakeholders through the PEI planning process and by the local community planning team. County Counsel has reviewed and approved the contract as to form and legal effect.

**FINANCIAL CONSIDERATIONS**

The FY 2013-14 Adopted Budget includes funding of \$99,000 for SLO-CAP out of Mental Health Services Act (MHSA) funding. There is no increase from the FY 2012-13 contract and budget amount, which was also \$99,000.

**RESULTS**

The program seeks to build competencies in parents and caregivers, decrease trauma, and better respond to the urgent needs of parents in stressed families at risk for abuse. Research supports behavioral parent training as critical to reducing the risk for mental health problems including school failure, violence, depression, and substance abuse.

Behavioral Health operational and administrative staffs meet no less than quarterly with SLO-CAP staff to review results against budgeted targets, promote ongoing improvement of programs, and discuss community climate and upcoming needs of parents and families in our county. Program targets are set at a minimum acceptable level as negotiated with the contractor with the overall purpose of providing the best possible service to our clients based on community specific needs. As noted below, service levels and performance measures are tracked against budgeted targets for each program. SLO-CAP is expected to continue to provide the same level of service in FY 2013-14.

Family Education and Support Program			
	2012-13 Actual	2012-13 Target	2013-14 Target
Parenting Classes	32	25	25
Class Attendees	392	300	300
Parent Coaching Participants	420	300	300

The Mental Health Services Act Annual Update included an evaluation of PEI Programs during fiscal years 2009-12, which includes detailed evaluation of the of the services provided by SLO-CAP. The evaluation report can be found on the County’s Mental Health Services Act website:

<http://www.slocounty.ca.gov/Assets/MHS/pdfs/PEI+Evaluation+2009-2012.pdf>

Behavioral Health Services is meeting a major goal of its MHSA programs by continuing to expand the availability of culturally sensitive, community-based services to limited English speaking individuals. SLO-CAP consistently exceeded the contractual requirement of availability of services delivered in Spanish. During FY 2012-13, 41% of classes were delivered in Spanish. During FY 2012-13 pre-post survey results indicated 99% of program participants indicated improved communication skills, and improved safe and effective discipline. Ninety-one (91%) of participants also indicated increased self-esteem and decreased stress and anxiety as a result of parent education and supports.

Continuation of this program will help the Behavioral Health Department achieve its goal of increasing protective factors and reducing risk factors of families throughout the County. Promotion of positive mental health, and prevention and early intervention services reduce the negative impact of mental illness and contribute to the desired community wide goal of a safe, healthy, and livable community.

**ATTACHMENTS**

1. San Luis Obispo Child Abuse Prevention Council Contract FY 2013-14 Clerk’s File