

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 7/16/2013	(3) CONTACT/PHONE Cindy Collins, ASM, 788-2932 Amy Olson, ASO II, 781-4729	
(4) SUBJECT Request to approve a contract (Clerk's File) with Gayle D. Gaines, M.D. for calendar year 2013 at a rate of \$121 per hour to provide psychiatric services for Mental Health patients.			
(5) RECOMMENDED ACTION It is recommended that the Board approve and direct the Chairperson to sign the contract with Gayle D. Gaines, M.D. for calendar year 2013 at a rate of \$121 per hour to provide psychiatric services for Mental Health patients.			
(6) FUNDING SOURCE(S) Medi-Cal / EPSDT / Medicare / Realignment / General Fund	(7) CURRENT YEAR FINANCIAL IMPACT \$278,627.00	(8) ANNUAL FINANCIAL IMPACT \$278,627.00	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. ___) <input type="checkbox"/> Board Business (Time Est. ___)			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) N/A		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A <input type="checkbox"/> 4/5th's Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP No	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A Date: <u> 1-29-13 </u>	
(17) ADMINISTRATIVE OFFICE REVIEW Reviewed by Leslie Brown			
(18) SUPERVISOR DISTRICT(S) All Districts -			

County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director
Karen Baylor, Ph.D., MFT, Behavioral Health Administrator

DATE: 7/16/2013

SUBJECT: Request to approve a contract (Clerk's File) with Gayle D. Gaines, M.D. for calendar year 2013 at a rate of \$121 per hour to provide psychiatric services for Mental Health patients.

RECOMMENDATION

It is recommended that the Board approve and direct the Chairperson to sign the contract with Gayle D. Gaines, M.D. for calendar year 2013 at a rate of \$121 per hour to provide psychiatric services for Mental Health patients.

DISCUSSION

Behavioral Health Services has a need for psychiatrists on a part-time contract basis for psychiatric services at the Jail, Psychiatric Health Facility (PHF), and to back-fill for staff psychiatrist vacancies in the various outpatient mental health clinics. Their services are necessary to ensure mandated coverage and medical supervision at multiple sites throughout the County. Coverage is only required on a part-time basis and at various sites, which makes the use of contract psychiatrists the most effective method of providing these services. Psychiatrists diagnose client's mental condition, issue and renew prescriptions, monitor medication effectiveness, and evaluate client progress. Psychiatrists are the only staff authorized to perform these medication services.

Contract psychiatrists are utilized as long-term options to fill in for part-time assignments (on-call or weekend shifts) which are not covered by full time employees and cannot be covered by locum tenens. These psychiatrists commit to a year at a time to fill in on-call and weekend shifts as needed, whereas locum tenens are short-term options to fill in for full-time (Monday through Friday, 8:00 a.m. to 5:00 p.m.) shifts for employees who may be on leave or cover gaps between hiring employees. Contract psychiatrists also specialize in specific facilities or disciplines such as jail weekend psychiatrist or administering medical exams in which locum tenens do not participate.

The availability of a "pool" of contract psychiatrists for part-time assignments allows the flexibility needed to provide mandated services, but puts the County under no obligation to utilize these services when there is otherwise sufficient staffing. Contract psychiatrists have proven to be an essential component in the Department's staffing plan for many years. Your Board approved contracts with six other psychiatrists on January 29th, 2013, and the addition of Dr. Gaines to the "pool" of contract psychiatrists will expand this "pool" of psychiatrists to assure quality and timely care to mental health clients.

OTHER AGENCY INVOLVEMENT/IMPACT

County Counsel has reviewed and approved the contract as to form and legal effect.

FINANCIAL CONSIDERATIONS

The rate of pay for the Psychiatrist contracts is \$100.00 per hour (\$121.00 including payroll taxes).

The FY 2013-14 budget for Behavioral Health includes a cumulative amount of \$278,627 in contract psychiatrist services. The chart below shows the details of this budgeted amount for 2013-14 as well as actual costs from 2011-12 and

estimated costs from 2012-13:

Budgeted Contract Psychiatrist Costs FY 2013-14					
Location	2011-12 Actual Cost	2012-13 Approximate Annual Units/Hours	2012-13 Estimated Cost	2013-14 Approximate Annual Units/Hours	2013-14 Estimated Cost
PHF MD History/Physicals	\$ 68,835	1000	\$ 79,520	935	\$ 73,556
Jail Psychiatrist	\$ 52,682	324	\$ 39,200	350	\$ 39,200
SLO Clinic Psychiatrist	\$ 51,271	463	\$ 56,000	400	\$ 44,800
Youth Services Psychiatrist	\$ 76,279	648	\$ 78,400	700	\$ 78,400
SLO Clinic Psych On-Call	<u>\$ 38,279</u>	225 shifts @ \$189.72/shift	<u>\$ 42,671</u>	225 shifts @ \$189.65/shift	<u>\$ 42,671</u>
Total	\$ 287,346		<u>\$ 295,791</u>		<u>\$ 278,627</u>

Independent Contracted Psychiatrists are scheduled to provide services at the above listed locations. On occasions and if the psychiatrist's scheduled allows, contract psychiatrists may temporarily fill in for vacant positions when locum tenens psychiatrists are not available.

RESULTS

Psychiatric services are an integral part of Behavioral Health Services, and a critical component to the overall effort to provide quality client care. Psychiatrists are licensed and trained to prescribe the medications needed by mental health clients to help control mental health symptoms. Without these services, Behavioral Health could not meet State mandates for medication support services nor properly prescribe and monitor medications. Contracting with a pool of part-time psychiatrists contributes to the County meeting legal staffing requirements 100% of the time.

Providing psychiatrist coverage throughout the County contributes to proper medication management and oversight of client treatment. Providing the most appropriate services to the clients increases the probability of positive treatment outcomes. Furthermore, positive treatment outcomes contribute to the wider County vision of a healthy and safe community.

ATTACHMENTS

1. Clerks Filed Cover Sheet for Gayle Gaines, M.D. Contract 2013