



SAN LUIS OBISPO COUNTY COMMISSION ON AGING

PO Box 8119 San Luis Obispo, CA 93403-8119
June 21, 2013

*Kathleen Bellefontaine, Chair
Member at Large*

District 5 Representative

*Maryanne Zarycka
District 1 Representative*

*Alice York, co-Vice Chair
District 2 Representative*

*Anita Shower, co-Vice Chair
District 3 Representative*

*Judy Mishoulam
District 4 Representative*

AAA Advisory Council

*Mike Suddarth
Area Agency on Aging,
Board of Directors*

*Elias Nimeh
Senior Nutrition Program*

*Deborah Bayles
Senior Service Provider*

*Marie Pounders
Member at Large*

*Diane Maiorano
Member at Large*

*Marilyn Hamilton
Member at Large*

*Jo Dennison
Member at Large*

*Myra Lathrop
Alternate Member at Large*

*Carol Schmidt
Alternate Member at Large*

*Cindy Deibert
Alternate Member at Large*

*SLO County District Attorney
Representative*

*SLO County Mental Health
Representative*

*SLO County Social Services
Representative*

To: San Luis Obispo County Board of Supervisors

From: Kathleen Bellefontaine, Chairperson
SLO County Commission on Aging

Projected Goals and Priority Senior Issues for 2013-2014

Agreed upon by the membership of the SLO County Commission on Aging

Goals:

- 1) Continue to collect information from Seniors about their concerns and their solutions
- 2) Continue to provide relevant and timely information to the Board of Supervisors

Attachment B details Action Plan for each goal.

Priority Senior Issues:

- 1) Affordable Care Act: affects on Senior medical services
- 2) Seniors need for emotional support
- 3) Learn about Senior Centers: Challenges & Successes
- 4) Learn about types of personal home care
- 5) Learn about South County multi-level (of care) Senior housing

Attachment C is the record of member's votes for these issues.

cc: DSS

Projected GOALS AND PLAN OF ACTION for 2013-14

COA GOALS	PLAN/ACTION
1) Continue to collect Information from Seniors about their concerns and solutions	<p>PLAN: Collect information about Senior concerns through direct contact</p> <p>ACTION:</p> <ul style="list-style-type: none"> ◆ Speaker Bureau venues where members discuss purpose of COA at community group meetings and request input on senior concerns. ◆ Members share issues at Commission meetings derived from <u>direct contact</u> with peers. ◆ COA Supervisor Reps & members coordinate efforts to become more acquainted with Senior Center directors and their needs.
	<p>PLAN: Seek information already gathered by others</p> <p>ACTION:</p> <ul style="list-style-type: none"> ◆ Create ad-hoc committee to review and incorporate Survey results collected by other agencies in the Community in advance of April, 2014 meeting.
	<p>PLAN: Increase & maintain COA visibility.</p> <p>ACTION:</p> <ul style="list-style-type: none"> ◆ Increase distribution of Rack Cards. ◆ Publicize COA as platform for Senior input through media i.e. Radio, TV, Newsletters, Board of Supervisor meetings, and regional printed media. ◆ Advertise meeting on the KCBX on-line Event calendar
2) Continue to provide relevant and timely information to Board of Supervisors (BOS)	<p>PLAN: Define best practices for communication with BOS</p> <p>ACTION:</p> <ul style="list-style-type: none"> ◆ District Representatives will continue to find unique ways to give input to BOS in order to pinpoint priority issues and/or solutions that COA discovers through Outreach. ◆ Commissioners will demonstrate support on current or pending legislation intended to improve quality of life for Seniors. ◆ District Reps communicate with their Supervisor prior to COA advocating at a Board Meeting.



COMMISSION ON AGING PLANNING TIME 2013-2014

Ranking Tool to indicate how much focus

COA should place in learning about the Senior Issues listed below, during the following fiscal year.

Priority THEMES	Focus on	Ranking order	Top 5
Affordability	Affordable Care Act: affects on Senior medical services	70	1
Isolation	Seniors need for emotional support	67	2
Isolation	Senior Centers: Panel to discuss challenges & successes	61	3
Affordability	Learn about types of personal home care	60	4
Affordability	South County multi- level (of care) Senior housing	57	5
Affordability	North County transportation	56	
Safety	Fall prevention	56	
Isolation	Adult Day Care services	55	
Affordability	Affordable housing conversions: County Regulations	52	
Safety	Internet Safety Awareness	49	
Safety	County Emergency Planning (panel)	49	
Safety	Senior debt	48	
Isolation	Hearing friendly community advocacy	47	
Safety	AB109 Realignment: increase of inmates in County jails & affect on Seniors	47	
Safety	Defensive Walking; Pedestrian Safety	42	

Based on Member Ranking Results @ 5-17-2013 by 15 members and 2 alternates
 Current membership is comprised of: 15 (of 17) full members; 3 alternates