

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS  
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 1/29/2013	(3) CONTACT/PHONE Amy Olson, ASO II, 781-4729	
(4) SUBJECT Request to approve renewal contracts (Clerk's File) with Hani Boutros M.D.; Joshua Deane, M.D.; Rose Drago, M.D., David K. Fennell, M.D.; Enn Mannard, M.D.; and Victor Perez Preciado, M.D. for calendar year 2013 in the cumulative amount not to exceed \$295,791 to provide psychiatric services for Mental Health patients.			
(5) RECOMMENDED ACTION It is recommended that the Board approve and direct the Chairperson to sign the renewal contracts with Hani Boutros M.D.; Joshua Deane, M.D.; Rose Drago, M.D., David K. Fennell, M.D.; Enn Mannard, M.D.; and Victor Perez Preciado, M.D. for calendar year 2013 in the cumulative amount not to exceed \$295,791 to provide psychiatric services for Mental Health patients.			
(6) FUNDING SOURCE(S) Medi-Cal / EPSDT / Medicare / Realignment / General Fund	(7) CURRENT YEAR FINANCIAL IMPACT \$295,791.00	(8) ANNUAL FINANCIAL IMPACT \$295,791.00	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. _____) <input type="checkbox"/> Board Business (Time Est. _____)			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) N/A	(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A <input type="checkbox"/> 4/5th's Vote Required <input checked="" type="checkbox"/> N/A		
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A Date <u>March 6, 2012</u>	
(17) ADMINISTRATIVE OFFICE REVIEW			
(18) SUPERVISOR DISTRICT(S) All Districts -			

# County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director  
Karen Baylor, Ph.D., LMT, Behavioral Health Administrator

DATE: 1/29/2013

SUBJECT: Request to approve renewal contracts (Clerk's File) with Hani Boutros M.D.; Joshua Deane, M.D.; Rose Drago, M.D., David K. Fennell, M.D.; Enn Mannard, M.D.; and Victor Perez Preciado, M.D. for calendar year 2013 in the cumulative amount not to exceed \$295,791 to provide psychiatric services for Mental Health patients.

## **RECOMMENDATION**

It is recommended that the Board approve and direct the Chairperson to sign the renewal contracts with Hani Boutros M.D.; Joshua Deane, M.D.; Rose Drago, M.D., David K. Fennell, M.D.; Enn Mannard, M.D.; and Victor Perez Preciado, M.D. for calendar year 2013 in the cumulative amount not to exceed \$295,791 to provide psychiatric services for Mental Health patients.

## **DISCUSSION**

Behavioral Health Services has a need for psychiatrists on a part-time contract basis for psychiatric services at the Jail, Psychiatric Health Facility (PHF), and to back-fill for staff psychiatrist vacancies in the various outpatient mental health clinics. Their services are necessary to ensure mandated coverage and medical supervision at multiple sites throughout the County. Coverage is only required on a part-time basis and at various sites, which makes the use of contract psychiatrists the most effective method of providing these services. Psychiatrists diagnose client's mental condition, issue and renew prescriptions, monitor medication effectiveness, and evaluate client progress. Psychiatrists are the only staff authorized to perform these medication services.

Contract psychiatrists are utilized as long-term options to fill in for part-time assignments (on-call or weekend shifts) which are not covered by full time employees and cannot be covered by locum tenens. These psychiatrists commit to a year at a time to fill in on-call and weekend shifts as needed, whereas locum tenens are short-term options to fill in for full-time (Monday through Friday, 8:00 a.m. to 5:00 p.m.) shifts for employees who may be on leave or cover gaps between hiring employees. Contract psychiatrists also specialize in specific facilities or disciplines such as jail weekend psychiatrist or administering medical exams in which locum tenens do not participate.

The availability of a "pool" of contract psychiatrists for part-time assignments allows the flexibility needed to provide mandated services, but puts it under no obligation to utilize these services when there is otherwise sufficient staffing. Contract psychiatrists have proven to be an essential component in the Department's staffing plan for many years.

## **OTHER AGENCY INVOLVEMENT/IMPACT**

County Counsel has reviewed and approved the contracts as to form and legal effect.

## **FINANCIAL CONSIDERATIONS**

The rate of pay for the Psychiatrist contracts is \$100.00 per hour (\$121.00 including payroll taxes) and \$71.00 per hour (\$83.00 including payroll taxes) for the psychiatrist performing history and physical examinations in the (PHF). No rate increase has been included in the renewal contracts.

The FY 2012-13 budget for Behavioral Health includes a cumulative amount of \$295,791 in contract psychiatrist services. The chart below shows the details of this budgeted amount for 2012-13 as well as actual costs from 2011-12:

<b>Budgeted Contract Psychiatrist Costs FY 2012-13</b>			
<b>Location</b>	<b>2011-12 Actual Cost</b>	<b>2012-13 Approximate Annual Units/Hours</b>	<b>2012-13 Annual Cost</b>
PHF MD History/Physicals	\$ 68,835	958	\$ 79,520
Jail Psychiatrist	\$ 52,682	324	\$ 39,200
SLO Clinic Psychiatrist	\$ 51,271	463	\$ 56,000
Youth Services Psychiatrist	\$ 76,279	648	\$ 78,400
SLO Clinic Psych On-Call	\$ 38,279	225 shifts @ \$189.72/shift	\$ 42,671
<b>Total</b>	<b>\$ 287,346</b>		<b>\$ 295,791</b>

Independent Contracted Psychiatrists are scheduled to provide services at the above listed locations. On occasions and if the psychiatrist's scheduled allows, contract psychiatrists may temporarily fill in for vacant positions when locum tenens psychiatrists are not available.

### **RESULTS**

Psychiatric services are an integral part of Behavioral Health Services, and a critical component to the overall effort to provide quality client care. Psychiatrists are licensed and trained to prescribe the medications needed by mental health clients to help control mental health symptoms. Without these services, Behavioral Health could not meet State mandates for medication support services nor properly prescribe and monitor medications. Contracting with a pool of part-time psychiatrists contributes to the County meeting legal staffing requirements 100% of the time.

Providing psychiatrist coverage throughout the County contributes to proper medication management and oversight of client treatment. Providing the most appropriate services to the clients increases the probability of positive treatment outcomes. Furthermore, positive treatment outcomes contribute to the wider County vision of a healthy and safe community.

### **ATTACHMENTS**

1. Clerk's Filed Coversheet for Contract Doctors 2013 Contract Renewals