

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS  
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 12/4/2012	(3) CONTACT/PHONE Kimberly Miramon, Behavioral Health CFO, 788-2932 Amy Olson, ASO II, 781-4729	
(4) SUBJECT Request to approve a contract (Clerk's File) with San Miguel Joint Unified School District for Fiscal Year 2012-13 in the amount not to exceed \$10,000 to provide drug and alcohol prevention counseling services to students within their School District.			
(5) RECOMMENDED ACTION It is recommended that the Board approve and direct the Chairperson to sign a contract with San Miguel Joint Unified School District (SMJUSD) for Fiscal Year 2012-13 in the amount not to exceed \$10,000 to provide drug and alcohol prevention counseling services to students within their School District.			
(6) FUNDING SOURCE(S) San Miguel Joint USD	(7) CURRENT YEAR FINANCIAL IMPACT \$10,000	(8) ANNUAL FINANCIAL IMPACT \$10,000	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. _____) <input type="checkbox"/> Board Business (Time Est. _____)			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) N/A		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A <input type="checkbox"/> 4/5th's Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input checked="" type="checkbox"/> N/A Date _____	
(17) ADMINISTRATIVE OFFICE REVIEW  Reviewed by Leslie Brown			
(18) SUPERVISOR DISTRICT(S) All Districts -			

# County of San Luis Obispo



TO: Board of Supervisors  
FROM: Jeff Hamm, Health Agency Director  
Karen Baylor, Ph.D., LMFT, Behavioral Health Administrator  
DATE: 12/4/2012  
SUBJECT: Request to approve a contract (Clerk's File) with San Miguel Joint Unified School District for Fiscal Year 2012-13 in the amount not to exceed \$10,000 to provide drug and alcohol prevention counseling services to students within their School District.

## **RECOMMENDATION**

It is recommended that the Board approve and direct the Chairperson to sign a contract with San Miguel Joint Unified School District (SMJUSD) for Fiscal Year 2012-13 in the amount not to exceed \$10,000 to provide drug and alcohol prevention counseling services to students within their School District.

## **DISCUSSION**

For the past nineteen years, the Department has secured agreements with many school districts within the County to provide drug and alcohol prevention and intervention school site counseling services. This contract for SMJUSD represents the first time the district has requested these services from the County. The services for their two school sites during FY 2012-13 will include drug and alcohol early intervention counseling, development of prevention activities, staff training, and classroom presentations at Lillian Larsen Elementary (K-8) and Cappy Culver Elementary (K-7).

As part of the agreement, Drug and Alcohol Specialists (DAS) will work directly with at-risk youth in the schools conducting risk evaluations, individual and group prevention counseling, and will also act as on-campus liaisons with school staff for issues involving student substance abuse. DAS often refer students who require more intensive counseling for additional services at one of the Department's clinics located in San Luis Obispo, Atascadero, or Grover Beach. The continuum of services is further enhanced when school site DAS refer students to the Department's Prevention staff responsible for Friday Night Live and the Mental Health Services Act Prevention and Early Intervention (PEI) Program counselors.

## **OTHER AGENCY INVOLVEMENT/IMPACT**

County Counsel has approved these agreements as to form and legal effect.

## **FINANCIAL CONSIDERATIONS**

The FY 2012-13 Adopted Budget did not include funds for the equivalent agreement since this is a new contract. The services will be provided by an existing Drug & Alcohol Specialist who will provide both Lillian Larsen and Cappy Culver Elementary schools with four hours of service for 26 weeks (total of 208 hours), which is equivalent to a .10 FTE position. These services are fully reimbursed by SMJUSD.

<b>District</b>	<b>FY 2012-13 Budgeted Amount</b>	<b>FY 2012-13 Agreement Amount</b>	<b>FTE</b>	<b>Fully Offset By District Agreement?</b>
San Miguel Joint USD	\$0	\$10,000	.10 FTE	Yes

## **RESULTS**

School based prevention counseling services differ from district to district and school to school. The intended outcome measures are typical measures used in each school district. The results to be gathered during FY 2012-13 will be based on four (4) hours of services provided in each school each week for a total of 208 school site hours. The intended outcomes include a reduction in risk factors (low levels of parent/youth communication, truant behavior, problem peer group), and an increase in protective factors (improvement in academic achievement, classroom behavior, playground/social behavior, and attendance). These outcomes will be measured by pre- and post-testing of the students and their answers on the tests.

Research by Hawkins/Catalano, Substance Abuse and Mental Health Services Administration (SAMHSA) and the National Institute on Drug Abuse demonstrates that decreases in standardized risk factors or increases in standardized protective factors results in reduced substance abuse. Protective factors appear to buffer exposure to risk factors. Core to all of the Department's school based interventions is the goal of strengthening or increasing protective factors while striving to reduce risk factors. The Drug and Alcohol Services Division of the Behavioral Health Department seeks to provide students the appropriate services by matching counseling services to students' needs. The above mentioned contract provides the necessary resources to assure that the appropriate services are available for students in need of counseling services. Providing the most appropriate services to the students increases the probability of positive treatment outcomes. Furthermore, positive treatment outcomes contribute to the wider County vision of a healthy and safe community.

## **ATTACHMENTS**

1. San Miguel Joint USD Prevention Contract FY 12-13 – Clerk's File Statement