

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 11/6/2012	(3) CONTACT/PHONE Kimberly Miramon, Behavioral Health CFO, 788-2932 Amy Olson, ASO II, 781-4729	
(4) SUBJECT Request to approve a renewal contract (Clerk's file) with the Department of State Hospitals for FY 2012-13 in the amount not to exceed \$455,368 to continue the State funded Conditional Release Program providing mental health services to clients released from State Hospitals.			
(5) RECOMMENDED ACTION It is recommended that the Board approve and direct the Chairperson to sign the renewal contract with the Department of State Hospitals (DSH) for FY 2012-13 in the amount not to exceed \$455,368 to continue the State funded Conditional Release Program (CONREP) providing mental health services to clients released from State Hospitals.			
(6) FUNDING SOURCE(S) State	(7) CURRENT YEAR FINANCIAL IMPACT \$455,368	(8) ANNUAL FINANCIAL IMPACT \$455,368	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. _____) <input type="checkbox"/> Board Business (Time Est. _____)			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) N/A		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A <input type="checkbox"/> 4/5th's Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A Date <u>08/02/2011</u>	
(17) ADMINISTRATIVE OFFICE REVIEW Reviewed by Leslie Brown			
(18) SUPERVISOR DISTRICT(S) All Districts -			

County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director
Karen Baylor, Ph.D., LMFT, Behavioral Health Administrator

DATE: 11/6/2012

SUBJECT: Request to approve a renewal contract (Clerk's file) with the Department of State Hospitals for FY 2012-13 in the amount not to exceed \$455,368 to continue the State funded Conditional Release Program providing mental health services to clients released from State Hospitals.

RECOMMENDATION

It is recommended that the Board approve and direct the Chairperson to sign the renewal contract with the Department of State Hospitals (DSH) for FY 2012-13 in the amount not to exceed \$455,368 to continue the State funded Conditional Release Program (CONREP) providing mental health services to clients released from State Hospitals.

DISCUSSION

The Department of State Hospitals (DSH) wishes to renew its contract with the County to continue to provide mental health services for up to seventeen (17) CONREP clients, who currently reside in the County and are enrolled in the program. The County has provided CONREP services under contract with the State of California for over twenty-two (22) years.

CONREP offers highly structured outpatient mental health services to clients released from State Hospitals. Most clients eligible for the program have committed crimes for which they were found "not guilty by reason of insanity." Due to their insanity defense, these clients were placed by the courts in State Hospitals for psychiatric treatment. Mentally Disordered Offenders on parole by the California Department of Corrections can also be placed in CONREP by the Board of Parole Hearings for mandatory outpatient mental health treatment as one of their conditions for parole.

The CONREP staff provides evaluations of readiness for community outpatient treatment for clients incarcerated at Napa, Metropolitan, Patton, and Atascadero State Hospitals on a semi-annual basis or as needed. The evaluations include the review of medical records and consultations with the State Hospital treatment providers.

The CONREP contract is normally requested to be approved by the Board in July or August of each fiscal year. The tardiness of the FY 2012-13 contract is the result of changes within the State. The contract was not received by the County until the second week of October.

OTHER AGENCY INVOLVEMENT/IMPACT

County Counsel has reviewed and approved the contract as to form and legal effect.

FINANCIAL CONSIDERATIONS

The FY 2012-13 State contract of \$455,368 with DSH is a decrease of \$53,625, or 11.8%, compared to the prior FY 2011-12 contract. The contract decrease is due to a reduced client capacity (17 for 2012-13 versus 19 for 2011-12). State CONREP has had to reduce available funding for the program over the last several years due to the State's budget crisis.

Total CONREP program spending for FY 2012-13 is expected to be \$557,056, which is comprised of the State contract of \$455,368 plus local CONREP trust funds including prior year unexpended program funds of \$101,688. Total program spending is expected to decrease \$11,937, or 2.14% compared to FY 2011-12. The State's contract is based on the County's State determined client caseload; total program spending is based on cost of services to staff the program. The FY 2012-13 Adopted Budget includes \$568,993 in budgeted revenue and appropriation. In response to the budget cuts, the local CONREP program has been going through reorganization and has effectively reduced the local program cost to \$557,056. To offset the reduction in State funding, the Department has reduced the budget for operating expenses and administrative services & overhead based on reduced client capacity.

As mentioned above, \$101,688 will be used during FY 2012-13 from the local CONREP trust fund to bridge the gap between the State contract and the total program allocation. The local CONREP trust fund is comprised of prior years' funds not spent during the year (unexpended funds) that are then available to use in future years at the request of the local CONREP program or the State. The current balance in the CONREP trust fund is \$1,975. Once the 2011-12 cost report is completed and reconciled, this balance may increase with any funds that were not spent during 2011-12. An estimate of this figure will be known by December 31, 2012. However, the State has decided to suspend the practice accumulating and using these unexpended funds effective for the 2013-14 fiscal year. If State contract amounts continue to decrease and local CONREP trust funds are not available, or restricted by the State, this would likely result in the Department's inability to run the program in a manner as is as required by the State, leading to elimination of the program locally.

The chart below provides the State CONREP contract amounts and client caseload numbers for FY 2009-10, FY 2010-11, FY 2011-12, and FY 2012-13:

Description	FY 2009-10 Actual	FY 2010-11 Actual	FY 2011-12 Actual	FY 2012-13 Projected
State Contract	\$659,481	\$590,637	\$508,993	\$455,368
Local CONREP Trust Fund of prior year's Unexpended Funds (if any)			\$60,000	\$101,688
Total Allocation	\$659,481	\$590,637	\$568,993	\$557,056
Total Caseload	20	20	19	17

RESULTS

The local CONREP program has a maximum capacity of 21 clients and during FY 2011-12, 19 clients were active in the program. During FY 2011-12, over 2,316 hours of service were provided to CONREP clients in the form of direct outpatient services and hospital visits. Furthermore, the cost of treating a client within the CONREP program is much less expensive than treating the client at the State Hospital.

The primary goal of the State is to facilitate the continuation of the local CONREP program in order to move the offenders from State Hospitals and return them to their communities, preventing potential homelessness, and provide the necessary support so the offender can re-enter the community successfully and not re-offend, while community safety is maintained. The County's CONREP goal is provide 24/7 individualized mental health services to clients to facilitate and foster independent living while promoting clients' success in not re-offending. CONREP has been successful over the past 7 years by sustaining a 0% re-offense rate.

Many CONREP clients attend college, volunteer in the community, participate and lead meetings in recovering communities, and convene the only Gambler's Anonymous meeting in San Luis Obispo County. Clients learn how to manage their finances, take care of their medical needs, cook and clean, and be a responsible member of the community.

Consistent, self-motivated compliance over time with the appropriate outpatient treatment plan can result in CONREP clients progressing to ever increasing levels of independence. The increased levels of independence allow the CONREP staff to assess each client's coping skills. Successful clients gradually adapt from being in a maximum security State

Hospital to an “unconditionally released” CONREP program. If a client demonstrates an inability or unwillingness to adhere to behaviors that will provide safety to the community, they are placed back to a level providing more intensive monitoring and increased therapeutic interventions.

The FY 2012-13 Adopted Behavioral Health Budget will provide the staffing, treatment, and supervision of the anticipated seventeen (17) client caseload and assist the program in maintaining its 0% re-offense rate and non-use of Psychiatric Health Facility patient days. Providing the most appropriate services to the clients increases the probability of positive treatment outcomes. Furthermore, positive treatment outcomes contribute to the wider County vision of a healthy and safe community.

ATTACHMENTS

1. Clerk's Filed Cover Sheet for 12-13 Department of State Hospitals for CONREP Contract Renewal.