

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS  
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 9/11/2012	(3) CONTACT/PHONE Kimberly Miramon, Behavioral Health CFO, 788-2932 Amy Olson, ASO II, 781-4729	
(4) SUBJECT Request to approve renewal contracts (Clerk's File) with Lucia Mar Unified School District (LMUSD) and Templeton Unified School District (TUSD) for Fiscal Year 2012-13 in the collective amount not to exceed \$87,945 to provide drug and alcohol prevention counseling services.			
(5) RECOMMENDED ACTION It is recommended that the Board approve and direct Chairperson to sign renewal contracts with Lucia Mar Unified School District and Templeton Unified School District for FY 2012-13 in the collective amount not to exceed \$87,945 to provide drug and alcohol prevention counseling.			
(6) FUNDING SOURCE(S) LMUSD & TUSD, MHSA	(7) CURRENT YEAR FINANCIAL IMPACT \$87,945.00	(8) ANNUAL FINANCIAL IMPACT \$87,945.00	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. _____) <input type="checkbox"/> Board Business (Time Est. _____)			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) N/A		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A <input type="checkbox"/> 4/5th's Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A Date <u>11-1-2011 &amp; 11-22-2011</u>	
(17) ADMINISTRATIVE OFFICE REVIEW  <i>Nikki J. Schmidt</i>			
(18) SUPERVISOR DISTRICT(S) All Districts -			

# County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director  
Karen Baylor, Ph.D., LMFT, Behavioral Health Administrator

DATE: 9/11/2012

SUBJECT: Request to approve renewal contracts (Clerk's File) with Lucia Mar Unified School District (LMUSD) and Templeton Unified School District (TUSD) for Fiscal Year 2012-13 in the collective amount not to exceed \$87,945 to provide drug and alcohol prevention counseling services.

## **RECOMMENDATION**

It is recommended that the Board approve and direct Chairperson to sign renewal contracts with Lucia Mar Unified School District and Templeton Unified School District for FY 2012-13 in the collective amount not to exceed \$87,945 to provide drug and alcohol prevention counseling.

## **DISCUSSION**

For the past nineteen years, Behavioral Health has secured contracts with school districts in the County to provide drug and alcohol prevention and intervention school site counseling services. The school-site contracts for FY 2012-13 include providing student support, drug and alcohol prevention and intervention counseling, and prevention activity development at various elementary (K-6), middle and high schools.

As part of these contracts, Drug and Alcohol Specialists (DAS) will work directly with at-risk youth in the schools conducting risk evaluations, individual and group prevention counseling, and will also act as on-campus liaisons with school staff for issues involving student substance abuse. DAS school site specialists often refer students who require more intensive counseling to additional services at one of the DAS clinics located in San Luis Obispo, Atascadero, or Grover Beach. The continuum of services is further enhanced when school site specialists refer students to DAS prevention staff responsible for Friday Night Live and the Mental Health Services Act Prevention and Early Intervention (PEI) Program counselors.

## **OTHER AGENCY INVOLVEMENT/IMPACT**

County Counsel has approved these contracts as to form and legal effect.

## **FINANCIAL CONSIDERATIONS**

The FY 2012-13 renewal contracts amount to \$87,945. The FY 2012-13 final budget assumed \$98,122 for the equivalent contracts and was based on the FY 2011-12 actual contract amounts. Typically, contract negotiations do not begin until early summer, when school districts are confident about funding, and are historically not finalized until early fall.

As illustrated in the table below, the decrease of \$10,177 for Lucia Mar Unified School District is the result of District budget cuts. These budget cuts equate to a loss of approximately 205 hours of prevention services throughout the Lucia Mar School District.

<b>District</b>	<b>FY 2012-12 Budgeted Amount</b>	<b>FY 2012-13 Contract Amount</b>	<b>FTE</b>	<b>Fully Offset By District Contract?</b>
Lucia Mar USD	\$89,887	\$79,710	.81FTE	Yes
Templeton USD	\$8,235	\$8,235	.09 FTE	Yes
<b>Total</b>	<b>\$98,122</b>	<b>\$87,945</b>		

**RESULTS**

School based prevention counseling services differ from district to district and school to school. The outcome measures provided are typical of the measures used in each district. The results provided are based on services provided to approximately 675 students.

Based on the pre- and post- referral surveys completed by participating students, many positive results were achieved during the 2011-12 school year. A few distinct examples include:

- Participating Students earning mostly A's and B's on report cards increased about 20% while those earning D's and F's decreased 19%;
- 20% of participating students reported improved communication and relationships with parents;
- 31% of participating students reported improved ability to cope with stress, depression and anxiety better;
- Regular use of marijuana and alcohol decreased by up to 17% while non-use of either increased by up to 18% for participating students;
- School attendance for participating students increased across the board while 12% of participants achieved zero absences.

During the FY 2011-12 program year, 97% (target 97%) of students participating in DAS school site counseling showed a reduction in risk factors (low levels of parent/youth communication, truant behavior, problem peer group) and an increase in protective factors (improved academic achievement, classroom behavior, playground/social behavior and attendance), as measured by pre-and-post referral surveys administered by school and/or DAS personnel. The target for FY 2012-13 remains at 97%.

Research by Hawkins/Catalano, Substance Abuse and Mental Health Services Administration (SAMHSA) and the National Institute on Drug Abuse demonstrates that decreases in standardized risk factors or increases in standardized protective factors results in reduced substance abuse. Protective factors appear to buffer exposure to risk factors. Core to all of DAS's school based interventions is the goal of strengthening or increasing protective factors while striving to reduce risk factors. The Drug and Alcohol Services Division of the Behavioral Health Department seeks to provide students the appropriate services by matching counseling services to students' needs. The above mentioned contracts provide the necessary resources to assure that the appropriate services are available for students in need of counseling services. Providing the most appropriate services to the clients increases the probability of positive treatment outcomes. Furthermore, positive treatment outcomes contribute to the wider County vision of a healthy and safe community.

**ATTACHMENTS**

1. Clerk's Filed Cover Sheet LMUSD & TUSD 12-13 Contract Renewals