

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS  
AGENDA ITEM TRANSMITTAL**

<p>(1) DEPARTMENT Behavioral Health</p>	<p>(2) MEETING DATE 8/28/2012</p>	<p>(3) CONTACT/PHONE Kimberly Miramon, Administrative Services Manager 788-2932 Raven Lopez, Accountant 781-4783</p>	
<p>(4) SUBJECT Request to approve the Fiscal Year 2012-13 renewal contract (Clerk's File) with Community Action Partnership of San Luis Obispo County (CAPSLO) to provide mental health services for the Mental Health Services Act (MHSA) and case management services in support of the 2011 Public Safety Realignment Implementation Plan in an amount not to exceed \$360,132.</p>			
<p>(5) RECOMMENDED ACTION It is recommended that the Board approve and direct the Chairperson to sign the FY 2012-13 renewal contract with Community Action Partnership of San Luis Obispo County (CAPSLO) to provide mental health services for the Mental Health Services Act (MHSA) and case management services in support of the 2011 Public Safety Realignment Implementation Plan in an amount not to exceed \$360,132.</p>			
<p>(6) FUNDING SOURCE(S) MHSA and AB109</p>	<p>(7) CURRENT YEAR FINANCIAL IMPACT \$360,132</p>	<p>(8) ANNUAL FINANCIAL IMPACT \$360,132</p>	<p>(9) BUDGETED? Yes</p>
<p>(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent    <input type="checkbox"/> Presentation                    <input type="checkbox"/> Hearing (Time Est. _____)    <input type="checkbox"/> Board Business (Time Est. _____)</p>			
<p>(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions    <input checked="" type="checkbox"/> Contracts    <input type="checkbox"/> Ordinances    <input type="checkbox"/> N/A</p>			
<p>(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) 19001196</p>		<p>(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: <input type="checkbox"/> 4/5th's Vote Required    <input checked="" type="checkbox"/> N/A</p>	
<p>(14) LOCATION MAP N/A</p>	<p>(15) BUSINESS IMPACT STATEMENT? No</p>	<p>(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A Date <u>10/04/11</u></p>	
<p>(17) ADMINISTRATIVE OFFICE REVIEW  Reviewed by Leslie Brown</p>			
<p>(18) SUPERVISOR DISTRICT(S) All Districts -</p>			

# County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director  
Karen Baylor, Ph.D., LMFT, Behavioral Health Administrator

DATE: 8/28/2012

SUBJECT: Request to approve the Fiscal Year 2012-13 renewal contract (Clerk's File) with Community Action Partnership of San Luis Obispo County (CAPSLO) to provide mental health services for the Mental Health Services Act (MHSA) and case management services in support of the 2011 Public Safety Realignment Implementation Plan in an amount not to exceed \$360,132.

## **RECOMMENDATION**

It is recommended that the Board approve and direct the Chairperson to sign the FY 2012-13 renewal contract with Community Action Partnership of San Luis Obispo County (CAPSLO) to provide mental health services for the Mental Health Services Act (MHSA) and case management services in support of the 2011 Public Safety Realignment Implementation Plan in an amount not to exceed \$360,132.

## **DISCUSSION**

The Health Agency's Behavioral Health Department contracts with various mental health services providers to provide treatment and support to its clients and to provide expanded services that reach underserved populations, as directed by the Mental Health Services Act (MHSA). The contract also includes services for the Collaborative Re-Entry Program, as required by the 2011 Public Safety Realignment Act (AB 109). The Board approved an amendment (No. 1) to the FY 2011-12 contract on April 3, 2012 to add a case manager to the Offender Treatment component of the program to work with the Re-entry Team. CAPSLO is specially trained and competent to provide the services in support of these efforts.

As required by the Mental Health Services Act, the local MHSA Community Planning Team is responsible for guiding the planning process, analyzing community input, and selecting and or continuing projects in accordance with community priorities. Recommendations made by the MHSA Community Planning Team include continuing the Community Services and Supports (CSS)-Children's Full Service Partnership South County Team, Prevention and Early Intervention (PEI)-Positive Development Programs, and the Innovation- Multi Modal Play Therapy Outreach Trial for FY 2012-13.

Below is a recap of each program:

- 1) Children's Full Service Partnership (FSP) – Children's FSP provides a .70 FTE Personal Services Specialist to provide day-to-day client skill-building and resource support to one youth FSP team serving 25 South County youth between the ages of 0-17. These youth experience serious emotional disturbances and if underserved are at risk of institutional care.
- 2) Positive Development Program – The "Child Care Resource Connection" program provides a 1.0 FTE Child Development Specialist and 0.24 FTE Children's Services Supervisor to provide side-by-side facilitation of the "*I Can Problem Solve*" curriculum with private childcare programs serving 3-5 year olds. This countywide project aims to build problem-solving skills, self-esteem, social, emotional and behavioral control competencies of children in childcare. This project is designed to target private pre-Kindergarten and Kindergarten schools and daycares which do not traditionally receive training on mental health or other resiliency and prevention principles.

- 3) Multi-Modal Play Therapy Outreach Trail – Multi-Modal Play Therapy provides a 1.18 FTE Therapist and a .25 FTE Project Coordinator. The Innovation component of MHSA is unique in the sense that it is similar to pilot or demonstration projects and is limited in duration. The Multi-Modal Play Therapy Outreach Trial will test a unique model of “Multi-Modal Attached Focused Play Therapy” to address behavioral issues in children ages 0-6 years old diagnosed with attachment problems. The intended outcomes of the Trial include reducing parental resistance and improving play therapy treatments to better engage parents and caregivers, while increasing access and maintenance. The trial’s parent-driven, multi-modal approach combines three evidence-based practices: Theraplay®, Filial Play Therapy, and Non-Directive Play Therapy directed at promoting secure bonding in families where child and caregiver currently display detachment issues. In this trial, trained and qualified therapists will work with parents to select the most appropriate elements of the three modalities which reflect the needs and capacities of the families.
- 4) Case Management Services for the Jail’s Collaborative Re-entry Program (AB 109) – CAPSLO will provide a 1.0 FTE Case Manager to work with the Jail’s Re-entry Team to determine post-release needs of the offenders as they enter back into the community. Post-release needs may include housing applications, application for social security income, and appointments for services.

### **OTHER AGENCY INVOLVEMENT/IMPACT**

The identification of the MHSA CSS, PEI, and Innovation programs involved collaboration and review by mental health stakeholders through the MHSA community planning process and by the local community planning team.

County Counsel has approved the contract as to form and legal effect.

### **FINANCIAL CONSIDERATIONS**

The FY 2012-13 Behavioral Health Adopted Budget includes \$360,132 for CAPSLO services. Of the total, MHSA services are budgeted at \$287,662 and AB 109 services at \$74,270. This is an increase of \$58,137 from the prior year due to the additional costs associated with the Innovation program and a full year of costs for the case management services related to the Collaborative Re-entry program.

### **RESULTS**

Service levels and performance measures are tracked against budgeted targets for each program. Behavioral Health operational and administrative staff meets quarterly with CAPSLO to review results against budgeted targets. Program targets are set at an anticipated level that provides the best possible service to the clients. In all cases, the objective is to strive for the best possible outcomes with the limited MHSA and AB 109 funds to promote the County’s goal of a safe, healthy and livable community.

Actual FY 2011-12 Program Results and Target FY 2012-13 Program Results:

#### Children’s Full Service Partnership Services –

- 31 (target 25) clients were served by Personal Services Specialist in FY 2011-12. The FY 2012-13 target is 25 clients.
- Personal Services Specialist allocated 73% (target 70%) of his/her time providing client skills-building. The FY 2012-13 target is 70%.

#### Positive Development Program –

- 58 Total childcare programs served (Target 50).
  - 31 Spanish Speaking (Target 30)
 The FY 2012-13 target is 50 childcare providers.
- 103 Total child activities delivered (Target 50). The FY 2012-13 target is 50 child activities.
- 31 Parent meetings delivered (Target 10). The FY 2012-13 target is 10 parent meetings.
- 93% (target 90%) of 2010-11 participating child care providers were retained in 2011-12 the program year. The FY 2012-13 target is 90%.
- 78% of children initially assessed as impulsive demonstrated a notable decrease in impulsivity. The FY 2012-13 target is 50%.

Programs countywide are struggling to retain enrollment, due to difficult economic times, and CAPSLO anticipates that this will continue to be a challenge for child care centers county wide. A few participating centers were forced to close their doors. CAPSLO continues to face this challenge by delivering services to more locations and doing extensive outreach to smaller child care facilities throughout the county.

CAPSLO conducted a survey of the 199 parent participants, and survey responses indicate:

- 100% of parents surveyed indicated their child's social, emotional, and behavioral skills improved as a result of the program.

Multi-Modal Play Therapy Outreach Trail –

- 15 young children ages 0 to 6 years old will participate in play therapy activities.
- 85% of participants' parent/caregivers will report increased satisfaction with accessing therapy for their children.
- 85% of participants will demonstrate decreased symptoms of attachment disorders and increased wellness as compared to clients receiving singular modality play therapy.
- 85% of participants' parents/caregivers will demonstrate self-sufficiency in maintaining play therapy practices outside of therapist guidance.

Case Management Services for the collaborative Re-entry Program –

- 25-30 unique offenders served per month for FY 2012-13. In FY 2011-12, the effort began late in the year.

The outlined programs will help the Behavioral Health Department of the County Health Agency achieve its goal of building the capacity of the community to increase resiliency by decreasing risk factors, and increasing the protective factors which promote positive mental health and reduce the negative impact of mental illness. The primary learning priorities for all Innovation projects are to increase access to underserved groups, increase the quality of services, including better outcomes; promote interagency collaboration, and increase access to services. These efforts help the Department contribute to the County's vision of a Safe and Healthy Community.

**ATTACHMENTS**

1. Attachment 1 - Clerk's File Statement