

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

<p>(1) DEPARTMENT Behavioral Health</p>	<p>(2) MEETING DATE 8/7/2012</p>	<p>(3) CONTACT/PHONE Kim Miramon, Administrative Services Manager 781-2932 Raven Lopez, Accountant 781-4783</p>	
<p>(4) SUBJECT Request to approve the Fiscal Year 2012-13 renewal contract (Clerk's File), which includes the addition of two programs pursuant to the Mental Health Services Act (MHSA) Annual Update, with Transitions-Mental Health Association (TMHA) to provide mental health services in an amount not to exceed \$4,209,518.</p>			
<p>(5) RECOMMENDED ACTION It is recommended that the Board approve the FY 2012-13 renewal contract, which includes the addition of two programs pursuant to the MHSA Annual Update with Transitions-Mental Health Association (TMHA) to provide mental health services in an amount not to exceed \$4,209,518.</p>			
<p>(6) FUNDING SOURCE(S) MHSA, EPSDT, Medi-Cal, Tobacco Settlement Funds, Managed Care, County Realignment, General Fund</p>	<p>(7) CURRENT YEAR FINANCIAL IMPACT \$4,209,518</p>	<p>(8) ANNUAL FINANCIAL IMPACT \$4,209,518</p>	<p>(9) BUDGETED? Yes</p>
<p>(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. _____) <input type="checkbox"/> Board Business (Time Est. _____)</p>			
<p>(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A</p>			
<p>(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) 19001186</p>		<p>(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A <input type="checkbox"/> 4/5th's Vote Required <input checked="" type="checkbox"/> N/A</p>	
<p>(14) LOCATION MAP N/A</p>	<p>(15) BUSINESS IMPACT STATEMENT? No</p>	<p>(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A Date <u>09/27/11</u></p>	
<p>(17) ADMINISTRATIVE OFFICE REVIEW Reviewed by Leslie Brown</p>			
<p>(18) SUPERVISOR DISTRICT(S) All Districts -</p>			

County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director
Karen Baylor, Ph.D., LMFT, Behavioral Health Services Administrator

DATE: 8/7/2012

SUBJECT: Request to approve the Fiscal Year 2012-13 renewal contract (Clerk's File), which includes the addition of two programs pursuant to the Mental Health Services Act (MHSA) Annual Update, with Transitions-Mental Health Association (TMHA) to provide mental health services in an amount not to exceed \$4,209,518.

RECOMMENDATION

It is recommended that the Board approve the FY 2012-13 renewal contract, which includes the addition of two programs pursuant to the MHSA Annual Update with Transitions-Mental Health Association (TMHA) to provide mental health services in an amount not to exceed \$4,209,518.

DISCUSSION

The Behavioral Health Department contracts with various mental health service providers to provide mental health treatment and support in addition to providing expanded services that reach underserved populations, as directed by the Mental Health Services Act (MHSA). Transitions-Mental Health Association (TMHA) is specially trained and competent to provide these services and has partnered with the County for over 26 years. The request before the Board of Supervisors is to approve the renewal contract with Transitions-Mental Health Association which includes the addition of two programs, pursuant to the MHSA Annual Update, through June 30, 2013.

The mental health programs provided by TMHA that are requested for renewal are as follows:

- 1) Adult Transitional Program - TMHA provides a 12 bed State licensed Adult Residential Treatment Facility. The facility is staffed 24 hours a day, providing services and support to assist clients with stabilizing their mental illness in a supervised residential setting. Activities and mental health services provided are designed to encourage development of problem solving skills related to daily living, housing, and employment.
- 2) Community Housing – TMHA provides semi-independent housing for adults with mental illness and performs intensive mental health support services through the residential case management services program described below.
- 3) Residential Case Management Services – TMHA helps Community Housing and independent living clients access needed community services. The goal is to provide a living environment that promotes stabilization and assists clients with housing and maintenance.
- 4) Vocational Rehabilitation Services – This program is designed to provide vocational training, support and experience within horticultural (nursery) and other business settings.
- 5) Social Rehabilitation Services – TMHA operates three social rehabilitation centers designed to provide life

enrichment and social skill development for individuals who would otherwise remain withdrawn and isolated. This program promotes wellness and recovery for adults with mental illness.

- 6) Youth Treatment Program – TMHA provides a 24-hour staffed, State licensed facility serving youth age 11-18. The facility provides family, individual and group therapy, training in independent living skills, ongoing assessment, recreational and cultural activities, coordination of medical care, and educational planning and support.
- 7) Conditional Release Program (CONREP) Housing – TMHA provides landlord services for CONREP clients (judicially committed patients and mentally disordered offenders subject to community based treatment and supervision), collecting rents and utility payments, tracking payments, and providing monthly status reports.

The MHSA programs geared to reach the underserved are as follows:

Community Support and Services Component (CSS):

- 8) Client and Family Partners – TMHA provides support, education, information and referral, and community outreach for clients and families. The goal is to increase client and family knowledge of the services available and how they can access them.
- 9) Family to Family – This is a program designed to have family members of consumers employed by TMHA present the 12 week National Alliance on Mental Illness (NAMI) formatted classes or two 6-hour TMHA Family Orientation classes to increase support and mental health education for other families experiencing mental illness.
- 10) Peer to Peer – In this program, mental health consumers educate and mentor their peers utilizing a nine week class created by the National Alliance on Mental Illness or 12 week Wellness and Recovery Action Plan course. The programs provide mental health consumers with opportunities to develop and maintain wellness, leadership and self-advocacy skills. This program will also include a Mental Health First Aid class that will be taught twice per year for a total of 12 hours.
- 11) Vocational Training and Supported Employment – TMHA assists clients in gaining competitive employment within the community by providing them with vocational counseling and assessment, work adjustment, job preparation and interview skills training, job development and coaching.
- 12) Growing Grounds Retail Vocational Program – This is a vocational training site that offers job coaching, assessment, vocational support and work experience in a retail outlet in San Luis Obispo.
- 13) Adult Full Service Partnership (AFSP) – TMHA provides services to two AFSP teams serving 25-30 adult clients with serious mental illness who are at risk of institutional care. Services are defined as “whatever it takes” and are available “24/7”.
- 14) Behavioral Health Treatment Court (BHTC) – THMA provides services to BHTC team serving 30 adult offenders who suffer from severe mental illness and co-occurring substance abuse disorders.
- 15) Forensic Re-entry Service (FRS) – THMA provides a ‘bridge’ of resource support and short-term case management to 50 adult offenders who suffer from mental illness and co-occurring substance abuse disorders.
- 16) Older Adult Full Service Partnership (OAFSP) – TMHA provides services to the OAFSP team serving 15 seriously mentally ill clients who are at risk of institutional care.
- 17) North County Service Center – The contract pays a portion of the rent for a centrally located facility in Atascadero to be made available to MHSA program staff, consumers, and family members for on-going program functions including support groups, mental health education classes, vocational work clubs, education and outreach presentations, and office and meeting space.
- 18) Adult Full Services Partnership (AFSP) Intensive Residential Services – TMHA provides AFSP clients 12 beds of housing with expanded (40 hours/week) case management in Atascadero and 17 beds of housing in community residences supported by a residential case manager. The supported housing is independent living with external

supports.

Workforce Education and Training (WET) Component:

- 19) Peer Advisory and Advocacy Team – A consumer advisory council of mental health stakeholders supports an integrated system that reflects the principles of hope and choice, promotes a recovery environment, encourages education, honors each individual’s spiritual pathway, and embraces self-awareness and compassion for others.

Prevention and Early Intervention (PEI) Component:

- 20) Social Marketing Strategy – Community Outreach & Engagement - In Our Own Voice - Mental Health clients utilize the National Alliance on Mental Illness “In our Own Voice” video and oral presentation format to tell their personal stories and educate others on living with mental illness.
- 21) Social Marketing Strategy for Community Outreach and Engagement – This effort is to provide interpersonal outreach regarding mental health awareness, education and stigma reduction for underserved and at-risk populations including, when appropriate, one-to-one personal contact that includes information dissemination, referrals, and screening and support resources.
- 22) Integrated Community Wellness Advocates – The program has Advocates who help individuals navigate systems for individuals referred by community counseling services who are receiving brief, low-intensity interventions for problems arising from mental health issues.

Innovation Component:

- 23) Service Enhancement Program (formally known as Warm Reception and Family Guidance) – TMHA will employ support staff to assist in this project. Staff will help clients, their families and caregivers navigate through the first steps of receiving services, help assess needs and engage services for basic necessities within the clinic setting. The support position will be an individual (consumer or family member) who has experience with mental health services, providing empathy and understanding of the circumstances facing clients. Support staff will interact with County staff, providing feedback regarding accessibility of services, engagement tactics, and specific client issues.
- 24) System Empowerment for Consumers, Families, and Providers – This project was slated to begin in FY 11/12; however, the program was delayed until FY 12/13. Contractor will participate in a team building retreat consisting of consumers, family members, and providers. After the retreat, Contractor will create a curriculum around what is learned during the retreat and incorporate curriculum in their current consumer and family member mental health education programs.

Housing Components (No monetary compensation):

- 25) Nelson Street Studios Project – This project will provide five studio units in the City of Arroyo Grande. The primary purpose of the project is to serve the public by providing necessary housing to individuals with serious mental illness and/or serious emotionally disturbance who are homeless or at risk of homelessness.
- 26) Nipomo Street Studios Project – The County and Contractor have been approved for funding by the California Housing Agency (CalHFA) and State Department of Mental Health for capital development and operating subsidies for the development of eight studio units with parking in the City of San Luis Obispo. This project is funded directly through CalHFA with Mental Health Service Act Housing Program funding to provide permanent supportive housing for individuals with psychiatric disabilities who are homeless.

MHSA Annual Update Funded Programs

As an extension of the Adult FSP program, the Behavioral Health Department has a desire to include the new Homeless FSP program as a sole-source contract award. TMHA has demonstrated an expertise with mental illness and homeless outreach which is necessary to the FSP model. Additionally, the Homeless FSP program is designed to replicate the successful AB 2034 homeless program, which was a partnership between TMHA and the County prior to its elimination of

the funding and program at the State level. Given the history and urgency to respond to the stakeholders, it is the Department's desire to enter into contractual obligations with TMHA to allow the continuation of providing the homeless support services.

Community Support and Services Component (CSS):

- 27) Homeless Full-Service Partnership – TMHA will provide outreach to the most underserved, difficult-to-reach population of homeless adults and engage clients in health care, mental health treatment, and housing. The focus will be on outreach, engagement, and services with stability and housing being amongst improved client outcomes.
- 28) San Luis Obispo Hotline Services – THMA will provide a 24-hour, free and confidential call center serving the entire County of San Luis Obispo. Contractor will recruit, train, and supervise community volunteers to provide mental health referral, information, support, stigma reduction, and crisis and/or suicide intervention. Contractor will also utilize the 24/7 hotline phone number to direct general messaging to the County for the SLOtheStigma media campaign, as well as providing support to callers who reach the County's inpatient unit after-business-hours phone line.

OTHER AGENCY INVOLVEMENT/IMPACT

County Counsel has approved the contract as to form and legal effect.

FINANCIAL CONSIDERATIONS

The FY 2012-13 Behavioral Health Adopted Budget includes a total appropriation of \$4,209,518, of which \$1,640,058 is allocated to TMHA for traditional mental health programs and is outlined below. The FY 2012-13 contract amounts for mental health programs are the same as the prior year and are funded by:

- Medi-Cal / Early Periodic Screening, Diagnosis and Treatment (EPSDT): \$761,088
- Tobacco Settlement funds: \$263,340
- Managed Care: \$57,874
- County Realignment and General Fund: \$557,756

The remaining \$2,569,460 in appropriations to TMHA is for MHSA specific programs. The FY 2012-13 contract amount was reduced by \$75,000 from the prior year. The decrease is due to one-time funding that was given for the Nelson Street Studios development in FY 11-12.

The MHSA programs are funded by:

- Medi-Cal / Early Periodic Screening, Diagnosis and Treatment (EPSDT): \$269,837
- Mental Health Services Act Trust funds: \$2,299,623

The tables below depict the traditional and MHSA component actual and budgeted program costs:

Mental Health Programs			
Program	2010-11 Actual	2011-12 Actual	2011-13 Budgeted
Adult Transitional Program	\$ 365,657	\$ 376,572	\$ 376,572
Community Housing	\$ 248,197	\$ 258,493	\$ 258,493
Residential Case Management Services	\$ 133,158	\$ 138,022	\$ 138,022
Vocational Rehabilitation Services	\$ 214,804	\$ 214,804	\$ 214,804
Social Rehabilitation Services	\$ 542,994	\$ 498,826	\$ 509,994
Youth Treatment Program	\$ 146,334	\$ 120,264	\$ 120,259
Conditional Release Program Housing Management	\$ 26,914	\$ 21,914	\$ 21,914
Total	\$ 1,678,058	\$ 1,628,895	\$ 1,640,058

MHSA Programs			
Program	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Client and Family Partners	\$ 289,826	\$ 299,260	\$ 304,826
Family to Family	\$ 15,700	\$ 15,700	\$ 15,700
Peer to Peer	\$ 30,000	\$ 30,000	\$ 30,000
Vocational/Supported Employment	\$ 197,703	\$ 197,703	\$ 197,703
Growing Grounds Retail Vocational Program	\$ 55,000	\$ 53,736	\$ 55,000
Adult Full Service Partnership	\$ 304,444	\$ 286,738	\$ 344,444
Behavioral Health Treatment Court	\$ 67,092	\$ 69,247	\$ 81,092
Forensic Re-entry Service	\$ 77,487	\$ 71,701	\$ 81,487
Older Adult Full Service Partnership	\$ 73,401	\$ 72,493	\$ 78,401
Adult Recovery Support Leaders*	\$ 87,829	\$ 87,829	N/A
Adult FSP Intensive Residential	\$ 497,227	\$ 512,227	\$ 512,227
North County Service Center*	\$ 21,100	\$ 20,902	\$108,929
Homeless FSP**	\$ -	\$ -	\$ 269,515
SLO Hotline - Suicide Prevention and Crisis Intervention (formally Social Marketing Strategy-Media Advocacy)**	\$ 65,000	\$ 20,000	\$ 105,000
Peer Advisory and Advocacy Team	\$ 25,000	\$ 25,000	\$ 25,000
Social Marketing Strategy - Community Outreach & Engagement - In Our Own Voice	\$ 11,744	\$ 12,744	\$ 12,744
Social Marketing Strategy -Community Outreach & Engagement	\$ 90,000	\$ 90,000	\$ 90,000
Integrated Community Wellness Advocates	\$ 180,000	\$ 178,775	\$ 180,000
Service Enhancement Program	N/A	\$ 13,560	\$ 42,000
System Empowerment for Consumers, Families, and Providers	N/A	\$ -	\$ 35,392
Nelson Street	\$ -	\$ 75,000	\$ -
Total	\$2,088,553	\$2,132,615	\$ 2,569,460
*In FY 12-13 the program Adult Recover Support Leaders (RSL) was folded into North County Service Center. The RSL's work mainly out of this service center.			
**New and enhanced programs pursuant to approval of MHSA Annual Plan			

RESULTS

Service levels and performance measures are tracked against budgeted targets for each program. Behavioral Health operational and administrative staff meets quarterly with contractor staff to review results against budgeted targets. Program targets are set at a minimum acceptable level, as negotiated with the contractor, with the overall purpose of providing the best possible service to our clients. In all cases, the objective is to strive for the best possible outcomes which promote the County's goal of a safe, healthy and livable community.

The decrease of some FY 2011-12 and 2012-13 service minutes is due to a change in the definition of a service unit for this contract. Service units are now defined as minutes that are billable to Medi-Cal in the County Billing System. In prior years, the service unit included billable and non-billable minutes.

See tables below for highlighted results and goals by program:

Mental Health Programs

Adult Transitional Program			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 365,657	\$ 376,572	\$ 376,572
Residential Units	4,010	3,589	4,030
<i>The FY 2012-13 Budgeted number of residential units assumes a 92% average annual occupancy rate.</i>			
Community Housing Program			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 248,197	\$ 258,493	\$ 258,493
Residential Units	14,248	14,085	13,432
<i>The FY 2012-13 Budgeted number of residential units assumes a 92% average annual occupancy rate.</i>			
Residential Case Management			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 133,158	\$ 138,022	\$ 138,022
Service Minutes	118,947	105,848	100,000
Vocational Rehabilitation Services			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 214,804	\$ 214,804	\$ 214,804
Number of individuals served during contract year.	62	58	60
Social Rehabilitation Services			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 542,994	\$ 498,826	\$ 509,994
Service Minutes	225,858	179,024	90,000
Number of individuals served during contract year.	130	119	175
Youth Treatment Program			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 146,334	\$ 120,264	\$ 120,259
Residential Day	3,202	3,008	2,957
<i>The FY 2012-13 Budgeted number of bed/days assumes a 90% average annual occupancy rate.</i>			
Conditional Release (CONREP) Program Housing Management			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 26,914	\$ 21,914	\$ 21,914
Number of leased housing units	12	12	12

MHSA Programs

Community Services and Support (CSS):

Client and Family Partners			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 289,826	\$ 299,260	\$ 304,826
Number of clients contacted	4,979	5,331	3,000
Family to Family			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 15,700	\$ 15,700	\$ 15,700
Total number of unduplicated attendees for all sessions	126	156	100
Peer to Peer Program			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 30,000	\$ 30,000	\$ 30,000
Total number of unduplicated attendees for all sessions	69	57	75
Vocational Training and Supported Employment Program			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 197,703	\$ 197,703	\$ 197,703
Number of employment placements.	57	74	50
<i>The number of client class days requested has seen an increase in demand due to downturn in economy. In FY 2012-13 client class days are expected to return to prior level.</i>			
Growing Grounds Retail Vocational Training			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 55,000	\$ 53,736	\$ 55,000
Number of individuals served during contract year.	15	13	20
Adult Full Service Partnership (FSP)			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 304,444	\$ 286,738	\$ 344,444
Number of new clients served	35	37	30

Behavioral Health Treatment Court Team (BHTC)			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 67,092	\$ 69,247	\$ 81,092
Number of clients served	30	28	30
Forensic Re-entry Service			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 77,487	\$ 71,701	\$ 81,487
Number of clients served	67	113	50
Older Adult Full Service Partnership (FSP)			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 73,401	\$ 72,493	\$ 78,401
Number of clients served	12	13	15
Adult Recovery Support Leaders			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 87,829	\$ 87,829	N/A *
Number of clients contacted	337	248	N/A *
<i>*For FY 2012-13, this program will be included in the North County Service Center.</i>			
Adult FSP Intensive Residential			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 497,227	\$ 512,227	\$ 512,227
Number of bed/days	8,695	9,458	8,468
Service minutes	92,771	96,464	90,000
North County Service Center			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 21,100	\$ 20,902	\$ 108,929
Service Minutes	N/A	N/A	13,500*
Unduplicated clients served	214	203	225
<i>*FY 2012-13 new measurement instituted.</i>			
Homeless Full Service Partnership			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ -	\$ -	\$ 269,515
Unduplicated Adult FSP Clients Served	-	-	10
Unduplicated Contacts	-	-	150
<i>FY 2012-13 New program</i>			
SLO Hotline - Suicide Prevention and Crisis Intervention			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 65,000	\$ 20,000	\$ 105,000
Number of attendees for outreach	8,312,245*	N/A	N/A
Number of outreach calls	N/A	545	4,880
<i>*Two Year media advocacy campaign ended in FY 2010-11. The program now provides telephone services and new measures were instituted in FY 2011-12 FY 2012-13 program enhanced</i>			

Workforce Education and Training (WET):

Peer Advisory and Advocacy Team			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 25,000	\$ 25,000	\$ 25,000
Number of attendees for outreach	663	706	600

Prevention and Early Intervention (PEI):

Social Marketing Strategy - Community Outreach & Engagement - In Our Own Voice			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 11,744	\$ 12,744	\$ 12,744
Number of attendees	888	468	700

Social Marketing Strategy - Community Outreach & Engagement			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 90,000	\$ 90,000	\$ 90,000
Number of attendees for outreach	355	293	250

Integrated Comm Wellness Advocates			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	\$ 180,000	\$ 178,775	\$ 180,000
Number of contacts per year	2,828	2,151	2,000

Innovation:

Service Enhancement Program (formally Warm Reception and Family Guidance)			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	N/A	\$ 13,560	\$ 42,000
Number of participants served	N/A	21	200

This is a new program instituted in FY 2011-12.

System Empowerment for Consumers, Families, and Providers			
Year	2010-11 Actual	2011-12 Actual	2012-13 Budgeted
Cost	N/A	N/A	\$ 35,392
Number of participants served	N/A	N/A	200
Number of trainings	N/A	N/A	10

This program was slated to begin in FY 2011-12 but will not begin until FY 2012-13.

ATTACHMENTS

1. TMHA Contract FY 2012-13 Clerk's file coversheet