

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 8/7/2012	(3) CONTACT/PHONE Darci Rourke 805-788-2156	
(4) SUBJECT Request to approve a renewal contract for FY 2012-13 with San Luis Obispo Child Abuse Prevention Council (SLO-CAP) (Clerk's File), to provide prevention and early intervention behavioral health services to parents and families throughout the county, in the amount not to exceed \$99,000.			
(5) RECOMMENDED ACTION It is recommended that the Board approve a renewal contract for FY 2012-13 with San Luis Obispo Child Abuse Prevention Council (SLO-CAP) to provide prevention and early intervention behavioral health services to parents and families throughout the county, in the amount not to exceed \$99,000.			
(6) FUNDING SOURCE(S) Mental Health Services Act	(7) CURRENT YEAR FINANCIAL IMPACT \$99,000.00	(8) ANNUAL FINANCIAL IMPACT \$99,000.00	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. _____) <input type="checkbox"/> Board Business (Time Est. _____)			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) 19001185		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: <input type="checkbox"/> 4/5th's Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A Date <u>06/22/11</u> Item A-16	
(17) ADMINISTRATIVE OFFICE REVIEW Reviewed by Leslie Brown			
(18) SUPERVISOR DISTRICT(S) All Districts -			

County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director
Karen Baylor, Ph.D., LMFT, Behavioral Health Administrator

DATE: 8/7/2012

SUBJECT: Request to approve a renewal contract for FY 2012-13 with San Luis Obispo Child Abuse Prevention Council (SLO-CAP) (Clerk's File), to provide prevention and early intervention behavioral health services to parents and families throughout the county, in the amount not to exceed \$99,000.

RECOMMENDATION

It is recommended that the Board approve a renewal contract for FY 2012-13 with San Luis Obispo Child Abuse Prevention Council (SLO-CAP) to provide prevention and early intervention behavioral health services to parents and families throughout the county, in the amount not to exceed \$99,000.

DISCUSSION

The Mental Health Services Act (MHSA) is dedicated to transforming the public mental health system and seeks to reduce the long-term adverse impact from untreated serious mental illness. MHSA funds are divided into five distinct components, and one of the components is Prevention and Early Intervention (PEI).

As required by the MHSA statutes, the local PEI Community planning team is responsible for guiding the planning process, analyzing community input, and selecting projects in accordance with community priorities. During the PEI planning process, it was reiterated that the true key to eliminating many of the risk factors associated with mental illness was to strengthen families through impacting parents.

On February 29, 2012, the community planning team was presented with the successful results of the first two years of PEI programs, and decided to continue the current PEI programs as status quo. The contract renewal will continue to provide the Family Education Training, and Support project, originally awarded to SLO-CAP through the County's formal RFP process in June of 2009. This prevention project is a multi-level approach to building the capacity of all parents and other caregivers raising children in San Luis Obispo County. The project improves skills and resiliency in both parents and their children.

The contract renewal will continue to provide:

- A comprehensive website (www.sloparents.org) and on-call parent resource center, which will serve as a central clearinghouse to disseminate information on parenting classes, family support programs and services.
- Coordinated, countywide delivery of Universal and Selective Prevention-focused parent and caregiver education classes. The classes will increase family strengths, enhance protective factors, and reduce behavioral health issues among youth and families.
- Support Line Response System which includes parent coaches to provide individualized family support.

The Mental Health Services Act Annual Plan which was adopted by your Board July 17, 2012 included this program and funding level.

OTHER AGENCY INVOLVEMENT/IMPACT

The identification of this and other MHSA PEI programs involved collaboration and review by mental health stakeholders through the PEI planning process and by the local community planning team.

County Counsel has approved the contract as to form and legal effect.

FINANCIAL CONSIDERATIONS

The FY 2012-13 Adopted Budget includes funding at \$99,000 for this program and is provided through Mental Health Services Act (MHSA) funds. Due to a slow start up of PEI programs from FY 2007-08 to 2008-09, the PEI component had unspent revenue that was carried forward from year to year, as allowed by MHSA statutes. The carryover amount has been spent and PEI programs must now be aligned with current year revenue allocations. PEI programs for FY 2012-13 were adjusted to meet funding levels. As a result, there is a decrease from the FY 2011-12 contract amount, which was \$130,000.

RESULTS

The program seeks to build competencies in parents and caregivers, decrease trauma, and better respond to the urgent needs of parents in stressed families at risk for abuse. Research supports behavioral parent training as critical to reducing the risk for mental health problems including school failure, violence, depression, and substance abuse.

As noted below, service levels and performance measures are tracked against budgeted targets for each program. Behavioral Health operational and administrative staffs meet no less than quarterly with SLO-CAP staff to review results against budgeted targets, promote ongoing improvement of programs, and discuss community climate and upcoming needs of parents and families in our county. Program targets are set at a minimum acceptable level as negotiated with the contractor with the overall purpose of providing the best possible service to our clients based on community specific needs.

Family Education and Support Program			
	2011-12 Actual	2011-12 Target	2012-13 Target
Parenting Classes	35	24	25
Class Attendees	567	300	300
Individualized Parent Coaching or Education	469	500	300
Unique Visitors to website	9,460	2,800	7000

Behavioral Health Services is meeting a major goal of its MHSA programs by continuing to expand the availability of culturally sensitive, community-based services to limited English speaking individuals, and other underserved populations. SLO-CAP consistently exceeded the contractual requirement of availability of services delivered in Spanish. From 2009-12, SLO-CAP delivered 82 parent education classes and 34 of those classes were delivered in Spanish, which greatly exceeded the target of six classes over a three-year period. Fifty percent of the SLO-CAP parent educator team (approximately 10 educators) are bilingual and bicultural, and one parent coach line is designated specifically to address the needs to Spanish speaking parents and families.

In addition, SLO-CAP conducted a formal evaluation of their projects. The comprehensive three- year evaluation of the Family education and Support Program will be available September 1, 2012. Data collection instruments for prevention programs include pre/post surveys, and follow up interviews. Surveyed parent participants in parent education classes indicate reduced stress and increased self-esteem. One participant commented "My self-esteem has improved and I am in control of my family." Parent participant feedback also indicates increased school attendance by their children as a result of increased parenting skills. The impact of this number is still being analyzed as the number of school aged children per participant's household is still being calculated.

Continuation of this program will help the Behavioral Health Department achieve its goal of increasing protective factors and reducing risk factors of families throughout the County. Promotion of positive mental health, and prevention and early intervention services reduce the negative impact of mental illness and contribute to the desired community wide goal of a safe, healthy, and livable community.

ATTACHMENTS

1. Clerk's Filed Coversheet SLO-CAP FY 2012-13 Contract